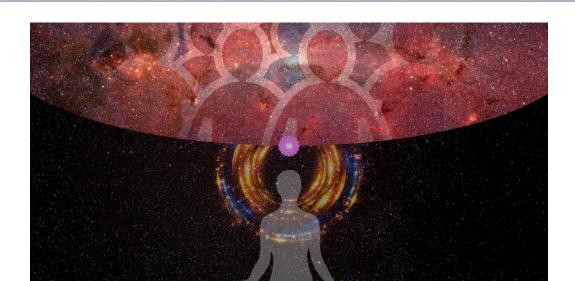
Video 295: Q&A Session #95 by Wes Penre, March 30, 2022

The video to this transcript can be found on my video channel: https://wespenrevideos.com



Hello. Wes Penre here! This will be the first video created in Europe, where I now reside. It always takes a while to get everything setup and ready to go, so I will start out with two O&A videos before I continue the Metaverse series. Please send more questions to wespenre2@gmail.com, and put Q&A is the subject line.

QUESTION 1: I know you've always said not to trust any channeled material as they are from within this world and are working for the dark side, so I was particularly curious to know what you thought when an entity mentions that "all power is from the light." Your point that the astral is thought responsive answers my question and reveals that this is the one thing they never seem to mention - that we are always in control, even in death, because consciousness never dies. These entities disempower people by scaring them with 'limbo' whilst claiming to want to help them!

MY COMMENT: Like with most things, channeled material is a mixed bag. Everything that comes into our realm from another dimension or density must go through our 3-D body/mind system, where the information is distorted by our own biases and beliefs. We interpret things from how we've learned and absorbed them during our lifetime.

On top of that, the entities who channel the material through the person have their own agenda—some of these beings are more honest than others. And you're right that they come from within the Matrix/Kenoma system, and not from Orion/The Greater Universe. So, even if these beings wish to be honest, they speak from their perspective, and from what they know. Even they have been manipulated in the archontic smaller universe.

It is up to the channeler how the message is received. How much of their own biases can the channeler bypass? How neutral and observant can they be? That determines the level of clarity of the message.

Much of the channeled material is fear-based, just like you're writing. They mix hope (light) with fear (darkness), intending to disempower us, and some of them may feed from that.

QUESTION 2: I've been following Andrew Bartzis for a while. He can read the Earth's Akashic records (and those of many other planets in the universe). According to him, and if I understand him correctly, the Earth has been deleted from existence 3 times before and started over again. We are currently living the 4th 'attempt.' What is your taken on that?

MY COMMENT: Yes, I partly agree with Bartzis regarding this. I see it more as "resets." Humankind evolves as a species to a certain level, and then the global civilization is wiped out and starts all over again. My conclusion is that it's happened more than 3 times, though. Some say 6 times, others give another number. I think 6 times is closer to the truth.

Then, according to the Gnostic texts, the Earth exists in different dimensions or densities, and it has existed as a civilization in these different dimensions, and we have now descended down to our current dense 3-D reality.

QUESTION 3: Last year I had a traumatic near-death experience. I remember gasping horrifically as I was rushed to the hospital. An overwhelmingly powerful sense of bliss came over me. I was ready to let it all go. When we made it to the hospital, I thankfully got the help I needed, but ever since the experience I haven't been the same.

I feel like some deep part of me is broken somehow - I've had many panic attacks after the incident, and many moments where I've literally broken down in tears. I'm 23, and I fear that I might've experienced something I wasn't ready to handle. When I pray to Higher Self, I feel a strong force begin to bubble up inside me - it's a feeling I could only describe as 'beautiful and nurturing'. I almost always cry tears of bliss when it comes and washes my sense of terror away.

However, eventually that terror always returns. Everyday life has become so difficult, and I've grown so tired. I want to live as a normal 23-year-old again. Do you think my NDE somehow damaged the part of myself known as the 'ego/soul'?

And could you kindly offer any advice on how to possibly deal with all of this?

MY COMMENT: It has become a well-known fact that people who have had NDEs will never be quite the same again because their experience was so intense and mind-expanding. As you know, from having experienced it yourself, it's "lightyears" between that experience and life on Earth. Here everything is dense, and people learn from pain and suffering rather than from their own conscious creation. We often experience trauma, and we hurt each other—emotionally and physically, or both. When you leave this density in an NDE or an OBE, you experience life without the dense body in this dense reality. It's such a contrast. Therefore, many people who've had NDEs have some difficulties to cope with the two almost opposite experiences—the physical and the non-physical.

I am not completely clear about from your question what exactly it is that terrifies you, so what I'm now about to say might or might not apply. Hopefully it does.

The problem is that after such an experience we might want to resist this physical world—we yearn for that bliss experience that we know we can have. You feel comfort sometimes because your NDE apparently also opened a channel to you Higher Self, which is a good thing.

As I see it, the solution is to ground yourself once again in the physical reality, but also continue your connection with the Higher Self. Right now, in our Earth incarnation, we are human 3-D beings, and if we reject that, we reject a part of our current selves—the part where not only pain, but also the healing takes place. This is mainly where trauma is experienced, and here is where we heal from it.

Find out what it is that gives you pleasure in this reality—what's your passion? What do you like to do? Do more of that, even if you need to force yourself at first. Also important, connect with the earth and with Nature, because that's who we are—children of Nature. That's where we can find comfort in this world. Take walks in beautiful places, if you can, look around you, and you will soon start feeling better. Then remember that when this life is over, and you're willing to let all this go, you can leave the Kenoma through the Grid and enter the Greater Universe/Orion, where existence is based on our ability to create and not by experiencing pain and suffering.

Unfortunately, some of the bliss people feel during an NDE is a false bliss, directed toward the dying person with technology. But with that said, when we exit through the Grid, we will feel so much better than we do here. Something to look forward to. You have many years left, and I truly believe that the first thing to do is to ground yourself again after that experience and keep your connection with the Higher Realms as well. I hope this helps some...

QUESTION 4: Can you please elaborate on Karma? What does it mean in the metaphysical world? Does Gnosis mention Karma? Do we inherit Karma from ancestors? Do we create our own Karma by wrong doings?

Please provide as much information as possible as I have read so many different scenarios but from the religious point of view in which I am trying to unlearn and relearn from a metaphysical meaning.

MY COMMENT: Karma is such a distorted term and can mean so many things, but let's see if we can break it down. I don't like the term to begin with, but because it's widely used, let's use it, too.

To me, karma is little different from the Law of Attraction—what you emanate in form of energy, you get back. Even this dense part of the Universe is thought responsive, so what we send out in form of intentions, we will receive, although here it's usually not instant. It takes a while before we see the effects of our own mind's creation. If we think dark thoughts, we receive darkness back, and if we think light thoughts, the Law of Attraction gives us a more pleasant experience. No one is trying to punish us for what we create in our minds—no one else but ourselves. But when we think thoughts that are not beneficial and give a non-beneficial response from the electric universe, we tend to blame someone else for the result, and we start spinning on a downward spiral, where we don't take responsibility for our own creations.

Karma means something else in the Between Lives Area (BLA) when we get a "life review." Beings who control this area point out the good things we did and the bad things we did. Then the focus becomes on the bad things and by triggering shame and guilt within us, we are told

we need to go back and do it all over again until we learn. This is a made-up concept, which has nothing to do with how it's supposed to be. No one should tell us what we must do and what not. It is up to the individual to decide how to deal with the consequences of their creations. The purpose behind this kind of karma is to keep us within this System as long as possible.

The Gnostic texts I have read do not mention karma. Instead, they tell us to let go of all attachments to this artificial world, so we can leave the Kenoma and go back whence we came.

One could say we inherit karma from our ancestors because genetically, we transfer our life choices to our children through cellular memory, i.e., imprints of the soul from our ancestors. So, we must deal with *their* decisions and choices, too, unable as we often are to separate our own thoughts from others.

We create our own "karma" through our choices. Make a bad choice and we get a bad outcome. However, when that happens, all we need to do is to make a better choice next time, but people tend to repeat the same choices over and over, and we can then see how people are spiraling down.

QUESTION 5: In one of your videos, you mentioned that we reincarnate into the same life over and over again; that is if we focus on that life the most. Then if we go through the tunnel of light our souls become splintered and we arrive back to this life, traumatized. Does mental health play a role in soul traumatization and are those people who suffer from mental illness developing his or her diagnosis based on the soul being traumatized from the previous life?

MY COMMENT: Mental illness can have many causes—usually it originates from very traumatic experiences in childhood and adolescence. I would suggest that severe mental illness mostly stems from a bad childhood and/or it is inherited. This is in line with what I mentioned in my comments to Question 4—we inherit our ancestors' positive and negative traits as well as we develop our own.

The traumatic experience in the afterlife, if we go through the Tunnel of Light, also has a negative impact on the soul, obviously. But the memories are usually completely wiped out before the soul is recycled again. This trauma is hidden deep within the subconscious mind, and the consequence of the soul splitting is more like fear of death, I would suggest—what the WingMakers describe as the "Fear of Death Implant."

And last, to focus more directly on your question, there are strong indications we live the same life over and over, so our choices in each lifetime certainly affect those in the current life, and we often make the same choices all over again and don't evolve much. It's the few choices we make during a lifetime that make the difference. That puts us on another track—hopefully a better one, but depending on the choice, it can go either way.

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