

Video 191: Truth versus Opinion

by Ariel Glad, October 5, 2019

The video to this transcript can be found on our YouTube channel:

https://www.youtube.com/channel/UC0RVai_3hFfj75juEEcwNog/videos



Often, we get asked to evaluate the experiences of others. People want to know, “What was this?”, or “Is this true?”

We can only offer an opinion of the experience based on what WE have experienced, but this is not meant to be taken as a validation or invalidation of your experiences. If you have experienced something, it is your experience and it happened for a reason. As we learn more and more about our creative abilities, we are becoming more confident that nothing is random.

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Whether you had a profound dream, a supernatural experience, or an encounter of some type, you can be certain that this experience was drawn to you either because you asked a question and this is part of your answer, or because this experience will lead you on a path of discovery which is intended to increase your own growth and development.

It is in the process of learning and discovery that we strengthen our own power of discernment and we begin to form our personal foundation for truth.

We have encouraged each of you to ask the big questions. Whatever it is about which you have a thirst or desire to learn more, direct that question to your own heart and pay attention to what happens in your life and what you experience. Your answers will be found in those experiences. The Universe can not do your learning for you. However, She can help to place things in our path, which can be seen as signs or open doors that if you choose to go through, you will find the answers to your questions. Freewill is at work in the Greater Universe, and although there is a gray area of do we or don't we have ultimate freewill inside this matrix, we can be sure that in the bigger picture, ultimate freewill is the method of operation. She will never force you to learn but rather will always leave that ultimate choice up to you to follow – or not.

So many times, people want to say that the things we are promoting are incorrect or misleading. Some have even accused us of being downright deceptive. How do they know this? Is it because what they have experienced has been something different than what we are sharing? Be willing to open your heart and your mind to a broader perspective that allows for the possibility that others have different

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truths that they have discovered from their own experiences. This is especially important to remember when faced with an experience which contradicts your own.

Your experience is your experience and it would be wrong for us to try and interpret that for you. By doing so, we insert what can only be our opinion about that experience. By inserting that opinion, we only add information to your experience that should not be there for you to consider.

When interpreting experience, we need to be acutely aware of our own state of being at the time the experience occurred. For example, was I in a state of emotional upheaval? Was I afraid? Did I, knowingly or unknowingly, ask a personal question? Many times, by evaluating what was going on internally, we can discover the reason for that experience and often begin to decode its messages and the direction we should go in learning how it applies to our own development and the answer it is pointing to.

There is an attitude in the awakening community that beliefs are dangerous. When people begin to learn that they have been manipulated or forced into beliefs that are proven to them, personally, to be false they are understandably reluctant to attach themselves to any belief from that point forward. We have even often seen it written with the word "LIE" emphasized in the middle of the word, as if to point out that all beliefs must be lies. This can only be true if we are willing to lie to ourselves. Are we?

The danger isn't in the belief but rather in the false information on which the belief is formed. If we evaluate this premise, we can often see that the rejection of any kind of belief is based on fear which, as we

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know, will only bring about more fearful information to reinforce this mindset.

If we believe in nothing, we will have nothing. Beliefs are the building blocks and foundations for how reality and personal truth is formed. If you believe you cannot achieve something, you can be absolutely certain that you will not achieve it. It is IN our power of belief, the power of the mind, that we create our reality. Always be willing to re-evaluate and adjust beliefs as you grow so that you no longer remain stuck in creating a reality which no longer serves your intentions. When we set new intentions based on new beliefs, it is important that we let go of old beliefs that no longer benefit us. We often invest a lot of energy in our beliefs and we want to share them with others. They might disagree with us because their own beliefs don't align with ours. When we notice that our belief no longer or never really benefitted us, we have a difficult time admitting this to others, so we hold on to old beliefs for fear of being wrong. Haven't we all heard from others when we change our minds, "I told you so!" Fear of being wrong is associated with shame and guilt. It's best to deal with all these emotions that we are allowing to influence and direct our own journey to truth. All these things are connected and there is no video or article we have written that is not connected to what is going on, in a bigger picture, from our perspective.

We recently came upon a study in which a person who could not play basketball was given the challenge to shoot ten successful shots at a basket. The person did not make one successful shot. The person was then blindfolded and asked to make another ten shots. A crowd of people gathered around and were asked to cheer the person on each attempt whether successful or not. The person who was blindfolded

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still did not have any successful shots into the basket, however, the crowd was secretly instructed to react as if they did. For the final segment of the experiment, the blindfold was removed, and the person made a final attempt to shoot ten balls into the basket. This time, the person made four successful shots. What had changed? The person's skill level had not increased, and the shots had not somehow become easier. No, the only thing that had changed was the person's own confidence in knowing that success was possible due to BELIEVEING that they had successfully made a few shots while blindfolded. The only thing that changed was the BELIEF.

Beliefs are synonymous with intention. Intention is the foundation for creation. There is no difference in making the declaration "I believe I am loved" and "I am loved". By taking away the word believe from the intention, we have only transformed the statement into a knowing. Nothing extraordinary needs to happen other than an internal shift of consciousness and awareness. We create whatever it is that we want to experience, either with conscious direction by setting specific intentions for ourselves or by being at the mercy of others by allowing them to indirectly move us toward unconscious creation.

Whatever you BELIEVE is what you will create. If you believe nothing, then you create nothing for yourself. When we create nothing, we experience nothing on a personal level, and we have no personal foundation for truth. We, then, place ourselves at the mercy of the beliefs of others, which can only be their opinion because we have nothing internal to compare. At that point, we are faced with whether or not we want to believe a person's opinion, and THAT is where we get into trouble. That is where false beliefs are created. If someone tells you that you are stupid, and you never create for or allow yourself

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opportunities which contradict that opinion, what will you be more likely to believe? Them or yourself? KNOW yourself. That can only happen by creating a knowing through experiencing yourself. How do we experience ourselves? We become conscious of our own experiences, including emotions and thoughts.

If someone says, “This thing is scary and dangerous because I experienced it this way! Beware!”, it doesn’t mean that this is the truth of the matter. It only means that this person was at a level of fear when the experience occurred and therefore the experience was interpreted to them in this way. Many people who have read the Wes Penre Papers became frightened by the information. They have used this as a matter of discernment to say that Wes Penre is catering to and preying on people’s fears. This is an opinion, and it is often based on THAT person’s fear about the information. There have been just as many people who have overcome their own fears and received the information as a revelation and a confirmation of their own experiences. Which one is true? They both are true, but not because of what Wes has written, but rather because we pass information through our own filters and, as we have stated in previous videos, our own beliefs form the filters through which we will receive and interpret information. If you are afraid of the dark, then you will avoid dark places. If you know that you possess an inner light which illuminates and has the ability to show that the shadow of the witch on the wall is really a tree in the moonlight, your ability to have a higher perspective will only increase your awareness and more information will be revealed to you. If your intention is to grow, then you will be given opportunities to expand your awareness, but they only work if we make the choice to recognize them for what they are. No one can tell you what that should be.

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The reward of truth is not in reaching a destination, but by embarking on the journey. Each person's process in discovering personal truth is different and created by each person in a way which is beneficial for each. My process is not your process. My conclusions are not your conclusions, and that's okay. There will never be a point in our development, either in here or somewhere else, in which we gain the pinnacle of truth.

If the information being shared is not beneficial for your own growth, then you may find your own information in your own way. However, in the process of having experiences which contradict the experiences of others, be aware of how much of your own interpretation is based on fear and whether or not that fear is helpful and allowing you to expand your perspective (move between dimensions) or how much that fear is creating a barrier and stopping you from being able to achieve that higher dimension. Being able to say, "I allow you to have your experiences even though they differ from mine," is an expression of higher perspective. If we practice this, we will benefit from other experiences which correspond to this dimensional perspective. What if we allow ourselves to have THOSE kinds of experiences? Could anyone prove us to be wrong? No. Wouldn't it be empowering to know who we are and meet others from THAT perspective?

Instead of evaluating each other's experiences or asking others to evaluate them for us, we would like to suggest that we simply share those experiences without an underlying force attached that demands our experiences be validated by others. By sharing without any emotional attachment, we add our piece to the larger puzzle on which others can build. We add to the collective information from which all is available and open to interpretation and all may benefit, rather than

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using it as an attempt to suppress the experiences of another in favor of our own. The more we experience, the more we learn.

By choosing to operate from a higher perspective regarding the experiences of others, we should also remember to do this for ourselves. Not all scary experiences mean that what we have encountered is bad or wrong. Sometimes, when we have a fear, we are given the opportunity to confront and face that fear by having an experience where that fear is manifested, BY OUR OWN CREATION of that fear, in order to move past it and dissolve a block that may be creating a resistance that stops us from moving forward to the answer we are seeking.

If you have asked to know the truth of your existence, then have the awareness and the openness to realize that in order to receive that answer, fears which will prevent you from learning that answer will appear as experiences in order for you to get rid of them. How that happens will be personal and individual as you are a unique being.

If you have set intentions for your life that include changes from the path you are currently on, you can expect to face the obstacles that are not in alignment with your intentions in order for you to clear them out of the way. The Universe will not magically do that for you. Remember, the choice is always left to us. Not all monsters are real and not all angels are sent from heaven. Your experiences are yours alone, and they can only be interpreted by you. You are the master of your own truth. When you experience these things for yourself, no one can take that away from you, and they shouldn't try. "A person with an experience is never at the mercy of a person with an opinion."

Have you had an experience that you cannot explain? It is not important what WE think of it. What do YOU think of it? There's your

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answer.

“All that is gold does not glitter,
Not all those who wander are lost.”

— J.R.R. Tolkien

Consider watching this video to the final end, so you don't miss out on our video mini-series about Tiamaat and humanity's origins. If you missed earlier episodes, the mini-series started with Episode 1 at the end of Video 187. There will be one episode at the end of each of these YouTube videos from hereon. Hope you'll find them interesting!

