

## Video 186: How to Understand and Visit other Dimensions

*by Ariel Glad, October 10, 2019*

*The video to this transcript can be found on our YouTube channel:*

[https://www.youtube.com/channel/UC0RVai\\_3hFfj75juEEcwNog/videos](https://www.youtube.com/channel/UC0RVai_3hFfj75juEEcwNog/videos)



**W**e announced earlier that we are going to start a new video series that we will put at the end of each video, after the point I stop narrating, and we were supposed to start that with this video. However, it will probably begin with the next video. Still, please watch this video to its final end, as well because we have included a little trailer in the last part of this video.

When we started “The Big Picture” series, one of the first videos we made was about perspective. We realized that some of the concepts we were going to introduce would require “out of the box” thinking and a step back, so to speak, in order to see a broader view of things.

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Let us take a more detailed look at what perspective really is and how it relates to dimensions. The propaganda that humanity is going to undergo a transition or an ascension to the fifth dimension is still being very heavily promoted. We don't want people to get caught up in thinking something miraculous is going to happen because there has been a misunderstanding of the concept. The Alien Invader Force (AIF) knows that we don't understand it and they are using our own vulnerability against us. We suspect they are even taking advantage of it, based on some of the information being presented by certain guides and helpers, unknowingly on their part. Remember, they know what we think and what we believe. They can tell us what we want to hear.

When we speak of dimensions, what we are really talking about are perspectives. We, humans, are multidimensional. This means that we have the ability to send out our fires or aspects of our consciousness to other dimensions in order to see things from a different angle.

In order to understand this, we need to first understand what perspective is. Perspective means a point of view. This is literal and figurative. In the literal sense, let's say that we are all standing in a circle around the trunk of a tree. Can you visualize this? A basic ability to visualize is necessary in order to understand perspective. While standing in this circle, I am looking at one area of the tree trunk, and you are looking at a different area on the other side, away from me. What we see may be two different parts of the same tree. My area may have an ant crawling on it. Your area may have no ant. If I say, "This tree has an ant on it," and you say, "No, it doesn't," neither one of us is wrong. We are both looking at the same tree, but from different viewpoints. Can you understand how two, or even many, people may have a different perspective about the same thing? What about the

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perspective of the ant who is unaware that these people even exist and are observing it? Yes, that is a viewpoint, as well.

What about if two people are having an argument? Bob insists that his opinion is correct. Mike insists that his opinion is correct. Mike does something different, however. Mike places himself, metaphorically, in Bob's shoes to see the situation from Bob's point of view, or Bob's perspective. Bob has sent out an aspect of his consciousness, his fire, into Bob's reality. Mike is using his ability to operate from a higher dimension, or perspective, because he has pulled back from the situation to see more than just his side of the argument. He is now seeing the argument from both sides. This is having a higher awareness of the situation or a higher perspective, which means operating from a higher dimension. There is no limit to the higher perspectives we can achieve. It all depends on how much we are willing to pull back or expand our consciousness to see or view something from the highest viewpoint possible. We are limited, in this physical reality, because we do not have access to all the perspectives of the entire Universe. There are beings who have access to much, much higher perspectives than we do right now. Considering that there is something more that we do not know and cannot know while we are still here is operating from a higher dimension and an exercise in using this multidimensional ability. To look at our situation and assume that the human perspective of this situation is the only one that matters is limiting ourselves to a lower viewpoint and not being willing to make use of the higher dimensions or higher perspectives that are available to **us**.

It is useless to try and number these perspectives, as we want to do with dimensions. Our numbering system is completely unnecessary

and just contributes to the confusion being encouraged for humanity into thinking that the fifth dimension is a place or a realm of existence which is separate from this one. It is not. We are transitioning between dimensions or perspectives all the time without even being aware that we are doing it.

Instead of using numbers, we will use letters so that you can see that the concept of numbering is not necessary. We will try to break it down for you in this way:

**Dimension A:** A being with this level of perspective is not aware that their thoughts or actions affect anything in its environment, including itself. Therefore, it is incapable of learning from any of its experience because it is not aware that it is having an experience. Yes, there are beings here with us that exist with this perspective. They are unaware that they are having an experience. They are operating with an extremely low level of consciousness, if at all. Nothing they do and nothing they experience will alter their behavior. They are operating only by stimulus and response. They are all reaction and impulse with no forethought or understanding of the benefit gained by cause and effect. They will repeat the same behaviors and thoughts with no insight to change them and no awareness of why things change.

**Dimension B:** A being with this level of perspective is aware that it is having an experience, but it is not aware that its thoughts and behaviors impact its environment or others in the environment. Its focus is strictly confined to self and only self. It can only learn and grow as much as it can apply the effects of its thoughts and actions to alter those thoughts and actions. It CAN learn based on experience, but ONLY in relation to itself and not others. It can modify its thoughts and behavior to improve its circumstances, but this is only with

concern for its self-experience and not for the benefit of others. Many animals operate at this level of consciousness or dimension.

**Dimension C:** A being with this level of perspective is in an environment where it has the opportunity to learn from not only how its thoughts and actions affect itself, but also how its thoughts and actions affect others around it. It not only can learn by doing, but it can also learn by observing. In other words, it is aware that it is not the only one being affected by what is going on around it. As an example, a person with this level of awareness can learn by having the experience, personally, but can also learn by observing others having an experience. “That person was injured in a car wreck when they did not wear their seat belt. I’d better wear mine so that doesn’t happen to me.” Or “What that person said to me made me sad. I will be careful not to say that to others so that I do not make them sad.” This is the level of consciousness where empathy is formed and used. This is the level where most of humanity operates.

**Dimension D:** A being with this level of perspective not only can learn by experience and observation but can also learn by projecting their consciousness to an even broader viewpoint or perspective of an unseen or unknown consequence. This is transcending the physical environment and into the nonphysical levels of consciousness where more than just the immediate environment is considered. We have the ability to conceive of “time” as a factor in making our choices and project the outcome into an unknown but possible or probable effect. This is also where the concept of karma is often introduced and manipulated. “What goes around, comes around,” or “What you send out, you get back, tenfold.” We can apply lessons to abstract concepts of time and modify our thoughts and behaviors accordingly.

**Dimension E:** This level of perspective would take the concept learned in the previous perspective and expand it out even further into a collective karma or collective consideration in that what happens to one, inevitably affects ALL. It is the understanding that we are all connected and everything we think and do will create an effect for the entire creation by a series of movements forward, like ripples in a pond or links in a chain. From this perspective, the viewpoint of self, others, time, and ALL are seen and given consideration. This perspective offers the ability to know that individual thoughts and actions affect collective thoughts and actions. An example of this would be, “When I hurt myself, I hurt you, as well, because you love me enough to want what is best for me and you are effected by how well I treat myself,” or “When I take care of myself, I am taking care of and protecting all those who love me. I show them that I value and protect what is important to them, including **myself.**”

This level of perspective would be what is being compared to or labeled as the fifth dimension. As you can see, it is not a place of dwelling. It is not a state to transition to like a butterfly from a caterpillar. We are all capable of moving back and forth between perspectives, or dimensions, depending upon the circumstances, our own emotional state, and our willingness to see beyond a situation or a problem. Some problems we are only willing to solve from the self-level. There may be other times when we are higher in our thinking or perspective and take into consideration who our actions might affect, how it affects the entire planet, and more! It's fluid and ever-changing.

The transition between dimensions or perspectives is not a hard line. It is a fuzzy area in which we can hold an expanded viewpoint on one situation and at the same time hold a very limited perspective on

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another. This is our ability to be multidimensional. This is not all it means, but for this physical life experience we are in now, it is a large part of it. With this understanding, discernment is easier when we realize that we do not need to “go anywhere” to achieve this perspective or operate from this “dimension”. It is already available to us, if we choose. The idea that some event or trigger can automatically occur that will shift the perspective of a large majority of the collective of humanity is not impossible, but because we all hold different perspectives the likelihood of all of us seeing things from the same viewpoint and coming together to be on the same level because of an event is unlikely.

We aren't going anywhere, at least not the way it is being interpreted. We aren't getting new bodies or a new Earth, either. We may have a different perspective about ourselves and our planet, but that is simply a change in thinking and not a physical transformation of any kind. We may be getting help in achieving higher perspectives and that is beneficial to our own development. Guides and communication from within this matrix is not necessarily evil or manipulative. In order to operate from the perspective of a guide or a teacher, it would go against a being's own development to act in a way that would be malevolent or malicious toward mankind. These beings are being used to fulfill a purpose and to them, they are helping. Indeed, they are. Take the education they offer, but don't fall for the end result. In other words, when a stranger offers you candy to lure you into his car, take the candy but don't get into the car. You can take what they offer and use it for your own development and discernment, but you don't have to follow the trail and where it leads. You decide. Deception is always given disguised in truth. It doesn't mean truth is not being shared, it is.

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It means that the deception is often hidden within the package of truth.

When we are confronted with the question of why there are conflicts in the KHAA, or the greater Universe, perhaps this will help those of you understand that just like within this matrix, there exist beings at all levels of consciousness and abilities to operate from various dimensions or perspectives. This includes beings operating from the very lowest levels of perspective to those who operate from higher perspectives that we cannot even imagine from our current viewpoint. In a normal or usual path of development for star beings, the ability to reach these levels of perspective are achieved as these star beings develop, have experiences, and expand their level of awareness or consciousness. This is usually done as a collective or a group. There are many, many, many different groups of star beings at different levels of consciousness, and some of them are at the level where their awareness or perspective is very self-centered and has them participating in and creating conflicts.

We, on the other hand, were a new kind of experiment. Instead of having to progress through all these levels or perspectives, we were intentionally created already having perspective. We were created at the Dimension C level described above. We did not need to go through the lower levels of perspective in order to advance to this level. Because we were created already from an aspect of the Divine, we were given a beginning which included the ability to feel and use empathy. We didn't have to achieve it; we were created with **it**.

This is a big difference, and this was part of the reason for the Experiment in the first place. Instead of creating a new star race that must start from scratch, can a race of star beings be created in which



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empathy isn't developed, but already exists within them? Would this be a workable solution for war? Would these beings still make war with others if they were born with empathy? If this would be successful, many more star beings may be created this way, depending on how well this turns out. THIS was a facet of the original Experiment and it has not ended yet. How do you think we are doing?

How did we get these dimensions of perspectives to begin with? We can compare these levels of perspective with Source, Herself. At the first level is the first awareness of Self; "I Am." The further away from yourself you can expand your viewpoint or your perspective, the more you become aware of new and different experiences. The concept that the higher we go in dimension or perspective, the closer we get to Source consciousness is an inversion, and intentionally so. Remember, everything here is an inversion of the original design. We can discern a lot of truths for ourselves if we apply this knowledge to the information we receive. In the Greater Universe, the closer you get to Source the narrower your perspective will become, until you are not even aware that you exist. Does this make sense? The notion that in order to get closer to Source, we must attain higher and higher perspectives, only applies to THIS construct. In this construct, En.ki resides at the highest perspective because he knows all in this construct. Don't forget that he is the *Alpha and the Omega*. He is the "All Knowing." We are encouraged to advance closer and closer to him. This is a trick, and this is, again, an inversion of True Source consciousness who does NOT know all things, and therefore set out to create in order to know Herself more completely through the experiences of her offspring and creations.

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As Source began to expand Herself and Her awareness, the different perspectives were created and they are ALL available to us because we are Her offspring. If you will notice, included in these perspectives that She has for Herself, there is the perspective of the unknown or NOT KNOWING. Some call this unpredictability or chaos. It is a creation in which freewill makes this possible. This is the Greater Universe in which we are part. It is what we call the KHAA. This Universe is created for Her to experience the unknown. This is described in the Gnostic Texts as Sophia's Fall. She didn't "fall" anywhere and this is not a mistake of creation. The Gnostic Texts are just as heavily distorted as all other religious texts. She simply created a perspective from which She could know Herself from "outside". It's as if She created a mirror for Herself so that She could "look" at Herself. If you did not have a mirror in which to see yourself, how well would you know what you look like? You would only know what you could see with your eyes. That means you could not see your face at all. You could not see the back of your body. In order for Her to know Herself more completely, She created an area of creation in which everything is reflected back to Her so that She may know ALL aspects of Herself from what She receives back from Her creation.

There is a problem with this, however. En.ki has taken the mirror and turned it away from Her and pointed it at Himself. She is no longer receiving any of our experiences.

We hope this clears up any confusion about perspectives, dimensions, why war and conflict are allowed, and how whatever we want to experience is up to us. We encourage everyone to develop and use discernment in all things, including the information we present for you to consider. No one can give you a change in perspective except

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you. No one can take you there or make you transition to it, because it is not a place that exists outside of your own state of consciousness. They can only help you try to see things in a different way, but the ability to do that is ultimately up to you. The fifth dimension is not coming. It has always been here, and it has always been available to us.

In summary, dimension just means perspective. Perspective means viewpoint and how you look at something. We can all hold many different perspectives at the same time. This is the meaning of Multidimensional.

