

Video 182: How to Safely Exit through the Grid

by Wes Penre, September 22, 2019

The video to this transcript can be found on our YouTube channel:

https://www.youtube.com/channel/UC0RVai_3hFfj75juEEcwNog/videos



A common theme among people we communicate with is the anxiety over exiting through the Grid after physical death. Many are anxious about the death moment, wondering if they will notice that they're dead, and if not, will they realize it fast enough not to be captured by any being or the Tunnel of Light? Others are worried about distractions in the astral—will they be able to resist if they meet diseased loved ones who call for them, or dead pets that they've been missing in their 3-D life. Still others are afraid that the intense love that some people, who've had Near Death Experiences (NDEs) have felt, will be very difficult to resist. So, let's address these issues.

Will you notice that you're dead? We hear about NDEs, where people have been "dead" for a while and come back, saying that it took time for them to realize that they're dead. This often happens in accidents or sudden heart attacks, where "death" was unexpected. Why did these souls not know that they'd left the body

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until after some time? We see the main reason for this being that they didn't know what to expect after death, and they definitely didn't expect that they would feel alive—often more alive than in their 3-D bodies. We, on the other hand, who have so much more information on this subject will quite immediately notice the difference. There is almost always some kind of indicator that we are about to die—even if experience instant death in an accident. We should *not* have any problems realizing that we're dead, and when we do realize it, we know the drill—get out through the Grid!

The Tunnel of Light does have a magnetic pull, but it's not more than the soul can handle if she doesn't want to go that route. Usually, souls who are ignorant don't want to resist the pull. They are confused and don't know what to do, so anything is better than nothing, and usually, the tunnel doesn't show up immediately.

When it comes to meeting “dead relatives and friends,” as well as feeling this intense love coming out of the tunnel, we simply need to use self-discipline and not pay attention to it. We sometimes hear from our visitors that they are uncertain whether they can resist such intense love or meeting dead relatives, who probably in nine times out of ten are *not* relatives but thought forms, by the way.

To those who express this kind of doubt, they need to use common sense. Is it worth being trapped here again just because they couldn't resist the distractions? What good would that do? Also, people need to understand that once they've gone through the tunnel, there is probably no escape. And even if there was, would we take the risk?

To be blunt, those who are thinking they might not be able to resist have still not made up their minds about whether they want to exit or not—even if they think they have. It's *crucial* that we make up our minds 100% while we're still incarnated here, or the chances of succeeding are much slimmer. If we still aren't sure whether we've gotten rid of our attachments to this world when we die, we can very easily be tricked by the “Trickster god” (En.ki) and his minions in the astral.

We know for a fact that's there are many thousands of people by now, who have learned about the Grid and how to escape, but we also understand that among them, perhaps only a handful will make it. Why? Because they haven't completely made up their minds and are still affected by their reactive emotions. You FEEL in your heart (and not in your head) when you are ready, and you KNOW that there is nothing that can stop you—you simply won't allow it. If you tell yourself, “I think I'm ready,” then you're not because there is still doubt that can potentially waylay you.

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Ariel and I published a few posts on our forum a little while ago in the Members Section on a subject called “The Ferocity of Intention.” We want to read the important parts of those posts to you right now because they explain exactly what we think is required to safely leave this matrix. The reason we think so is because we both feel the same way, and once you have this certainty in your heart, you KNOW that you’re good to go. So, here are the important excerpts of the posts:

Ferocity of Intention

Richard Grannon, who is a life coach, helping survivors of narcissism, uses the expression, "Ferocity of Intent." When he was younger, he worked as a bouncer at night clubs. If he needed to show the door to a person who disturbed the order, he used this technique, which originates from Martial Arts. It didn't matter if the other guy was twice his size; if Grannon used this technique, the other guy would back off and leave. Why? Because Grannon's intention to get the guy out of there was stronger than the target's intention to stay. Grannon also said that he didn't need to use any excessive words or argue with the guy—all he needed to do was to take on and express that state of being. It was enough. Intentions work this way—always.

Here is another real example of people who have used the ferocity of intention: a mother sees her child being run over by a car. The child is still alive but is stuck under the car. The mother rushes to the car, LIFTS the car and saves the child. This is considered impossible, but she did it because she used this intention that was stronger than the so-called “physical laws.” In her mind, there was NO failure. She didn't think; she was acting from her heart-core area—no mind involved. She is not the only person who's done a similar thing. This was in the news many years ago.

To be able to absolutely safeguard an exit from this Construct, we must have this ferocity of intent/intention—a *clear, non-compromised* intention. But how do we do that, and are we all capable of doing it? Yes, we are, and we'll explain right now how to do it...

More than a few people have probably, once or twice in their life wanted something so much that they won't let anything come between themselves and their goal. People around them might object, tell them they're crazy, or strongly suggest they change their mind, but they won't listen because they know what they want, and they're going to get it, even if they need to go through hell and high water for it. And sure enough, they get it. It can be a small thing or something big, it doesn't matter.

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In such a case, they used the ferocity of intention--for them, no failure was possible in their mind.

This kind of pure intention does not include words, fear, and what-ifs. It just IS. It doesn't come from a mind/brain space, it comes from the heart/core of the being herself—the true soul. It KNOWS that there will be nothing that can stop her. No words needed, no thoughts needed...it's a force, a "knowingness" that doesn't see failure or distractions as an option. It's like a laser beam inside. It's FELT, not THOUGHT. We all need to work on coming to this point because when we do, nothing in the entire Universe can stop us. Not even 500 gods standing in our way can do anything, if you get the point. We've reached that state when we can FEEL our intention in this manner; we just KNOW it. We know when we 'got it'.

We all understand where fear comes from, we all know where strong emotions come from...doubt, grief, abandonment anxiety, and all the rest of it. We all have these emotions because we're currently still living in the Patrix system. We will still have all those reactive emotions to a larger or a lesser degree when we die--until we exit through the Grid. The question is, are you, who read this, strong enough to override these emotions and create this ferocity of intention? This *includes* not paying attention to anything, including loved ones. Essentially, it boils down to only one thing—to get out through the Grid. It's not even a thought--it's just a doingness/force without emotions, thoughts, additives, distractions, or subtractions. It's an incredible force that can penetrate anything.

I'm not saying a person CAN'T go through the Grid without having such a strong intention, but it's much more likely they get tricked. FOCUS, and just do it. That is YOU. The rest; the obstacles and barriers; is something you create, and it's of the System.

Fear of the unknown is what creates a lot of our own obstacles that we place in front of ourselves. "What if this happens?" For me this means that I accept no failure in my intention. This means that whatever happens, I'm out of here - *even if that means I no longer exist*. Coming to the point in my intentions when I had to face the possibility that I am going to fling myself out into the unknown with all my might meant coming to terms with accepting my own non-existence and being okay with that. I want out of here no matter what. When I came to that point, I no longer cared about the "what ifs".

By formulating our intention while we are still here, to me, means working through all of these things. It doesn't require words. While we are here in these physical bodies, we tend to want to use words for everything, but it's not necessary. When

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you develop your intention, you already know that your intention includes everything that is required for your intention to be successful. We don't have to write it out or speak it, word for word, for it to happen. We've already worked it out. So, my intention to leave already includes no deception, no manipulation, no obstacle, etc. I don't have to remember to say or think all these things when my time comes to leave. I've already put all those things into a non-verbal "package" which represents my intention. I believe Robert Monroe calls this a "rote". It is a package of information, which is non-verbal, that is conveyed at all once without the need to string it out in linear fashion with the use of words strung together in sentences.

We can practice doing this here. For example, "I am protected" is an intention. I don't have to specifically state all the things I am protected from. In my heart, I already know all the things I wish to be protected from. I don't have to list them. My core being knows what I mean. I don't have to tell myself. This would be my rote of intention.

We want to end this video with a BIG Shout-Out to our dedicated Patrons, whose contributions are invaluable to us. Without you, we would not be on YouTube. Thank you very much for your assistance! Here are the names:

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