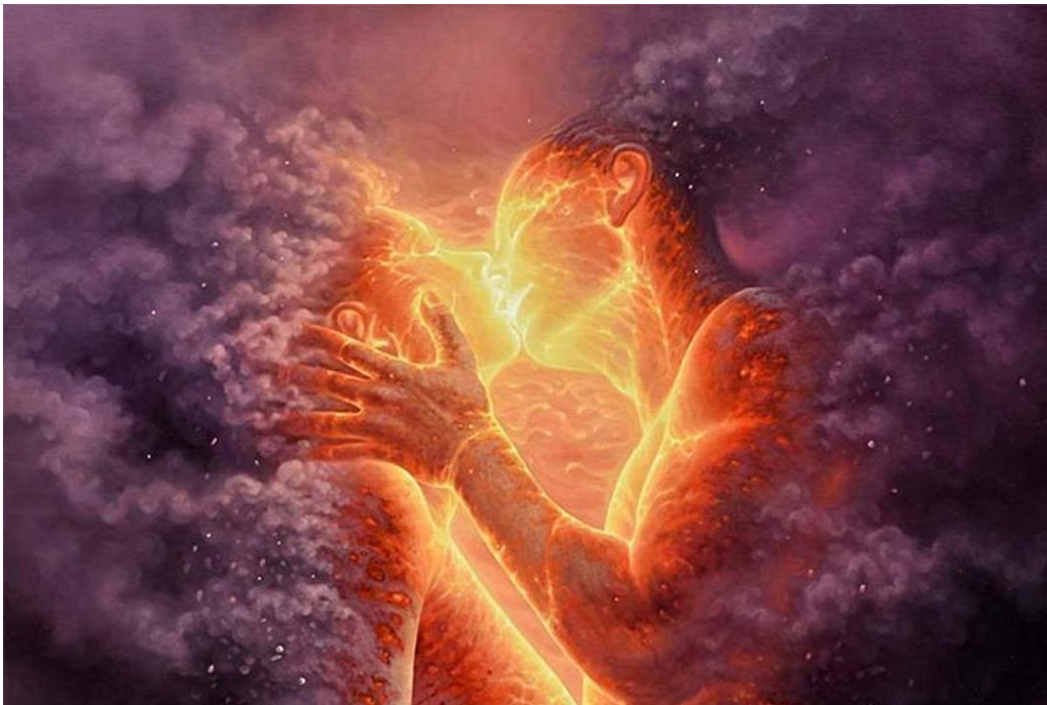


Video 177: The Twin-Flame and Time-Loop Connection

by Wes Penre, August 29, 2019

The video to this transcript can be found on our YouTube channel:

https://www.youtube.com/channel/UC0RVai_3hFfj75juEEcwNog/videos



Even if you are not overly interested in the twin-flame phenomenon, please watch this video anyway, as it puts more pieces to the puzzle together.

We have talked about twin-flames in earlier videos, and we are sure such a phenomenon does exist—there are many examples of that. In this video, we'd like to make the connection between twin-flames and our new perspective on the time loop, where we incarnate into the same lifetime over and over (see previous videos in this TIME SERIES).

The most common definition of *twin-flames* is when two aspects of the same soul are incarnated within the same lifetime. It's not necessarily the same as identical twins,

although at times, it *could* be. However, just because two split aspects of the same soul are incarnated in the same time period, it doesn't mean that they will meet in all these loops/repeated lives. These two aspects, in two different bodies, might meet in one time loop, separate, and not meet until after another, let's say, ten lifetimes. There could potentially be more than two aspects incarnated within the same time period, as well—we don't have enough information to confirm or discard such theory. For the sake of this video, we are going to assume that only two aspects incarnate together.

No one, from what we know, has successfully been able to explain how the twin-flame phenomenon works, although there are many theories—some more likely than others. But if we put this phenomenon into the equation of the time loop hypothesis, we might have a satisfactory answer. We'll see if you, the listener, agrees...

Recently, Ariel and I watched a video by Aluna Ash, who is an excellent and very accurate tarot card reader and a psychic, among other things. At times, she talks about twin flames, and when asked what they really are, her answer is that they are an experiment within the Experiment. When we watched the video, we had already developed the concept of the time loop, and her statement made us think, and we thought, doesn't what she said make sense...?

Those who have looked into the twin-flame phenomenon deeper than we have all seem to have come to a similar conclusion—twin-flames might meet each other in one lifetime, but if they are not vibrating close enough with each other, the relationship, whether it's a friends relationship or romantic relationship, will usually not last. Twin-flames are mirrors for each other, and it can be a very triggering and intense relationship, until the two decide to work on themselves with each other's assistance. Twin-flames may meet, separate, meet again, and separate, until in some specific lifetime/time loop, they are frequency-wise close enough to be able to take full advantage of the situation and create astonishing results—both physically and spiritually—and a lot of healing will take place.

We can see that this is something En.ki would have experimented with to see if twin-flames would be able to ascend faster within the Patrix. This also makes sense because it appears that not everybody *has* a twin-flame. How do we “know” that? Well, those who *do* have them are looking for the other part of themselves all their life, until they eventually find each other. Those who lack a twin-flame don't. The former category might marry someone they randomly fall in love with, who shows to be a wonderful

person, but somewhere inside, it doesn't feel right, because that person does not have the same attributes as the twin-flame would. Those who don't have twin-flame don't have attention on these things, and they might just meet a partner who fits them perfectly, but no twin-flame phenomenon is involved in the relationship—it's just a "regular" relationship.

Some people confuse a narcissistic relationship with a twin-flame relationship, and this is easily done, because narcissists mimic their target, and they also *mirror* them. Therefore, it's a good idea to educate oneself on narcissism before one enters a relationship perceived to be a twin-flame relationship. Too many people have made this mistake because there are similarities between the two that are difficult to distinguish, unless the person is well educated on narcissism and codependency. One key, in order to distinguish whether you're in a narcissistic relationship or you have met your twin-flame is to pay attention to if *both* of you grow in the relationship. If only you grow and the other person doesn't, it's more likely that you are in a narcissistic relationship, *unless* the other person is not yet on your wavelength. But even then, you will notice the difference because a narcissist is not even genuinely trying—he or she can't genuinely change. An immature twin-flame at least makes honest attempts, even if he or she fails in that lifetime because the timing is not right.

Are there more indications that another aspect of ourselves is incarnated within the same time loop? Yes. Those, who have read Robert Monroe's books, may have noticed this phenomenon through *his* experiences. In his book, "Far Journeys," during an OBE, he encountered other aspects of himself in the astral, and when discussing this with his "guide" in the astral, the guide said that there was another aspect of Robert living in the same time period as Robert did. The guide even asked if Robert wanted to meet his other aspect when back in 3-D, but Robert declined, thinking it would feel too strange.

How does the concept of twin-flames relate to the time loop hypothesis we've recently presented? Well, you started out in this Construct as a complete and whole soul, which then was split up into hundreds or thousands of aspects of yourself, spread out all over a timeline that the Overlords had procreated. One aspect might have been born in the 1500s and another one in the 1900s, and so on. Each aspect of you then got stuck in their own time loop, reliving their particular life over and over again, as explained in earlier videos. However, at first, only *one* aspect of your original soul was looping within a particular time period, and the other aspects of your original soul were

separated from each other through a veil of amnesia. Then, En.ki might have wanted to experiment by picking out a certain percentage of original souls and split them additionally. He took a soul aspect that was looping in a certain time period and split that soul into two and let them incarnate separately within the same loop from thereon. Thus, we have the twin-flames.

If we expand on this, we also need to consider something else. If we are correct in this, twin-flames are part of the same *original* soul, and therefore, they also have *all* the aspects of that soul in common, being spread out across the lines of time. In other words, if John and Mary are twin-flames, and another aspect of John is called William in the 1500s, this William incarnation is also Mary's incarnation, and so on. John and Mary have all their soul aspects across the lines of time in common.

Let's end with two small side notes. Many people confuse twin-flames with soulmates. There is a distinct difference. Twin-flames are each other's mirrors, and they bounce off both their positive and negative sides on each other—they are part of the same original soul—not so with soulmates. There is an intense connection between twin-flames—a push and pull—and it's a constant potential healing process going on when they are together. Soulmates are two souls who have chosen a similar path and made fairly similar choices, so when they meet, it feels like they have met someone they can share almost anything with, and they work wonderfully together, whether they are friends, business partners, or lovers. If they are lovers, their relationship might be what they consider perfect, and there is very little friction between them. Their relationship may very well be a subject for growth, but it's not nearly as intense and fast as it is with twin-flames. Some soulmates might have grown together through the endless time loop, being close together lifetime after lifetime, until they've become very close and feel they know each other inside-out, although they are two different souls altogether.

The last side note has to do with the time-loop hypothesis in general. We have put a lot of thoughts into this, and we find it to be a logical solution for the Overlords to put us into these loops. Occam's razor also applies to this, i.e. energy usually takes the path of least resistance (unless forced to take a more difficult path). If the Overlords would randomly shoot us down into different bodies in each incarnation, it would be much more difficult for them to keep track of us and to control us. Moreover, when we get our life review in the Between Lives Area (BLA), we are told that we did not do it right, so we need to go back and do it all over again, until we *do* get it "right." It wouldn't

make sense if you live a life in the U.S. and then get RE-incarnated in Africa. How would you be able to get things right under such a circumstance? Instead, you need to *redo* the same thing again to make a “better choice.”

The same thing applies to our daily 3-D life. Let’s say you’re in training for a new job, and the trainer tells you to complete a certain task in order to learn how to do it. However, you make mistakes, so the trainer tells you, “That’s not correct. You need to do it all over again.” If repairing a car is what you’re trying to learn, it doesn’t make sense, in case you make mistakes, for the trainer to tell you, “That’s done incorrectly, so in order for you to learn how to do it correctly, I’m going to have you remodel a kitchen until you learn how to repair a car.”

Thanks for watching, and we’ll talk to you soon!

