

## Video 153: The Traps for Waking Up Written by Ariel Glad, May 31, 2019

*This is a transcript to video:*

<https://youtu.be/xO7whUw83Mg>

**W**e are no different than many of you, in the same way that we have been led to certain areas of research, people, or information many, many times on our quest to gain truth and knowledge about who we are, where we are, and how we got here. What keeps most of us continuing this journey is the question of “How do we leave?”

We are often asked to give our opinion about other researchers, videos, publications, and narratives. In truth, it is best for the individual to practice their own discernment and determine for themselves whether information has value to them or not. It is likely that there is a good reason we get drawn to specific information, according to whatever intention we have set for ourselves. You may not even be aware that you have made a certain intention, but the Universe responds, just the same. Having the thought, “What is the truth?” or “What is wrong with me/her/him/them?” is setting an intention. You have made a request of the Universe to deliver the answer. Have you ever heard the phrase, “Be careful what you wish for,”? That is a call to be mindful and aware of what we are asking. Don’t be surprised if you get the answer and it may not be the answer you were wanting, or worse; you may not even recall having asked the question.

In this community of like-minded humans, we can confidently say that what is happening to us is that we are becoming AWARE. Most people refer to this process as waking up or being awake. When we describe ourselves as being awake, then what we are really describing is that we are now AWARE of things that weren’t part of our awareness before a certain point. The process of awareness is continuous and implies an expansion of knowledge and consciousness as more and more comes into our personal universe for consideration. The potential for awareness is limitless, as it should be.

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This process has attempts built into it, however, that try to side-track, delay, or even stop the process all together.

As we begin to describe these attempts, we want to first take time to address a common mindset that we often read and hear from others. This mindset is that we are, for some reason, *allowed* to wake up. Dear ones, we are not allowed to wake up, which would indicate that we were somehow given permission from a higher authority that would enable us to embark on this journey. NO. We wake up and become aware because *we* have chosen this. Whether through intention or some other progression we have made during previous incarnations, we have placed *ourselves* on this path to self-discovery and it is our Divine right to do so. To suggest that someone or something else allowed it is to give credit to something other than ourselves for what we have done, and we should be very *aware* of our power and acknowledge our ability to achieve what is virtually impossible here. They *allow* us nothing and they can prevent us from nothing. It is not theirs to give or to take. It is always our choice.

Do they know that some of us will wake up and come into our awareness during our incarnation? YES. We have gotten so many questions as to why they would allow such a thing? It is a misunderstanding of our own place and authority in our own affairs. It is also a dangerous denial of self-responsibility, something we described in a previous video. If you have been brave enough to doubt and dare to imagine that there was more to this life, then you have asked the question, “What is the truth?” The answer to this question is not easy. It is a complex and interwoven mystery that, at its core, will bring you face to face with the nature of the human Spirit and how it has been abused. It’s a hard pill to swallow (red pill or blue pill?), and most do not have the courage to choke it down. Be careful what you wish for, **right**?

The journey to reconnect with your Spirit will be a tortuous one. There are no exceptions to this. Everywhere we have looked, read, listened, and even experienced personally, we see the same evidence that this is the first effort to make you turn back and away from this journey. Stick your head back in the sand and go along with the modus operandi before you uncover the truth about

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yourself and what has been done. Once the artificial soul has been discovered, all that it has accumulated will become exposed. All your fears, all your sadness, all your mistakes, all your insecurities...everything that has been done to you (including *by* you) can no longer remain hidden once the light of your Spirit begins to shine through you from the “inside out”. You can’t hide from yourself, and the more self-aware you become, the more you see of yourself. Don’t be afraid. Don’t get discouraged. Don’t get stuck in any part of the process. Be confident in your journey. Be brave, be strong, and be determined.

However, if you choose to pursue and endure this path, what you will ultimately find is the rediscovering of that Human Spirit and the *awareness* of who you truly are. That is a gift, beyond measure.

As we posted in our recent newsletter, “Healing is an *Uncovering* rather than a *Recovering*.” Eventually, you will be reminded of what it means to be a Divine being and with that will come a return or an uncovering of your soul memory.

At one time, we had pondered in our research why En.ki would allow such a thing as humans regaining their awareness. We fell to our *own* misguided notions that this was something to be allowed. We suggested that maybe En.ki needed the frequency vibration of the human collective to reach a certain level for his agenda. We suggested that En.ki wants an enlightened and awake humanity because this was part of the agreement for allowing this experiment to continue, regardless of how manipulated, abusive, and inverted it became. We were still to be given a chance.

While this may be true (and we have no way of knowing), it does make sense that in order for a population to provide the necessary fuel or food for the parasitic entities that *need us* for their survival, it would be poor management to completely deplete the food supply on which they depend. Humanity needs to have a chance to recharge if they are to continue using us in this way, and they have no choice. If they do not feed and steal our energy from us, they perish.

Now, we get to the main point of this article, which is to say that it does not affect the vampires’ agenda AT ALL to have a certain portion of the population expand

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and grow to reconnect with their Spiritual energy. On the contrary, *it restocks the pond so that they can continue to feed*. Only when a population or a system becomes completely, or nearly drained, would a drastic measure need to be taken. We serve them better while being alive and living our lives than being dead. To take such a drastic step would mean a type of reset or reboot to the system, and they would avoid that at all costs. It would be a last-ditch effort of survival. It would be the proverbial red button of destruction. It isn't impossible, and it *has* happened in our past. We might even begin to recover some vague emotions associated with these past experiences. However, it should *not* be something about which we become focused or fearful.

Please take a moment to read the following words on the screen—please pause the video if you need more time to read. For obvious reasons, we will not speak these words to protect our **channel**:

Nibiru/Planet X

Ascension

Event

Rapture

Illuminati

Aliens/UFOs

The shape of the Earth

Nag Hammadi

Nu-u movement

Scientology

Harvest

ALL Galactic Federations, channeling, and savior narratives

Narcissism/psychopathy

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“Oneness”

Golden Age, New Earth

Weather/Earth Catastrophe Cycles

Indigo children, Crystalline DNA, and starseeds

New Age movement and ALL religions, sects, and cults

Gurus and Ascended Masters

Regression therapies

Secret societies/Occult/Brotherhoods

And many more that may not be listed here.

What do all these things have in common? They are all narratives of some type that most, if not all, of us who are on our path to increasing awareness will encounter at one point or another. Programs in our DNA get triggered and activated, so when we think we are continuing our spiritual path, we are instead tuning into different Patrix programs, where Events, Ascensions, the Rapture, and the Harvest, etc. are contained. Not everyone will find these narratives in the same order and not everyone will find all of them. Some may even find some that are not listed in this video. That’s fine. We just want to make you *aware of* what these are. These are the traps for the awakening Spirit. These are programs that have been inserted into the collective psyche of humanity for turning “on” at a certain point when key benchmarks are triggered. These are both individually triggered and collectively triggered. They know they cannot stop us from this spiritual journey, and they may not even want to, as we’ve mentioned before. However, they surely don’t want us to go all the way. They want us to remain stuck and by inserting these different programs into our field of awareness; they know there is a *very* good chance that we will take a detour from our spiritual river journey and find ourselves visiting one of these ponds. Some of these ponds are agreed upon before we incarnate. Some of them are part of the system’s design for awakening Spirits. Some are individual experiences that are tailor-

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made just for you and no one else. ALL the programs are being used to feed from humanity in the same way they feed upon our anger, fear, and depression.

Don't be discouraged if you have discovered these ponds on your journey! We have discovered them ourselves and the list we made is compiled from all the ponds we have personally encountered. There is truth in these ponds. That is how we get drawn into them. The goal of these inserted narratives or programs, however, is to make us forget or deny our intentions and remain in these ponds. They want us stuck so that our journey becomes derailed, delayed, or stopped. They want to keep us here. EVERYTHING they do to us is to KEEP US.

Go into these ponds to swim around, gather your knowledge, but do *not* get attached and stuck in these ponds. As you increase your awareness and your frequency rises, you will experience a very subtle sensation when your frequency is no longer a match to this pond. Become *aware* of your state of being. From our personal experience (and it has been the same with every pond we've encountered), when we are no longer a match to that information, the information that was once very uplifting and exciting becomes something that brings us down. It can be very quiet and barely noticeable; that is why it is so important to become aware of your emotions and your mood – your state of being. If you are not aware of how you are being affected by the information, you might miss the indication that it is time to leave the pond. If you resist leaving and stay in that pond, your frequency will eventually begin to lower again and level-out at the matching frequency of the pond, making it harder to distinguish whether this information is something beneficial or not because you are now a match to the collective energy of the pond. When you have made the realization that it is time to leave the pond, consciously withdraw your attention and attachment from that narrative or program. *Make an intention to take your energy away from the pond when you have made your decision to leave.* Do not leave your emotions/energy in the pond to be consumed by others. We all know those people who cling tight to their narrative, never being willing to leave it behind, move forward, or expand their knowledge. They are stuck, for years, cycling around the same information, the same narrative, even when the promise of some reward is delayed time and time again, plans have changed, or in fact

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will never come. They cling on to their narrative, believing it all to be in perfect timing and never considering that it has all been a trick. They have become emotionally attached to their story, their hope, and their salvation, release, or **upgrade**.

These ponds of information or narratives are INTERACTIVE within the system. EVERYTHING in this system is interactive. If you become very focused and attached to a specific narrative, the system will begin to give you feedback from the narrative that you have allowed to become a belief and an attachment. External and internal experiences will begin to take shape in our environment that might seem to confirm that what we are reading or seeing is “real”. It’s not. We are creating it by absorbing the information we took from the pond and then manifesting it as experience for ourselves. Intentions are very powerful manifestation tools. In fact, they are *the* most powerful creative ability we possess! Intentions manifest whether you are aware that you have made them or not. An intention can be compared to a call or a request, and in this reality, in which there are those who would eavesdrop on our thoughts, the appropriate entity may intercept your call. Do you remember our previous video on attracting thoughtforms? A person who is making an intention or putting out a call to “go home” might attract an interactive program or thoughtform to answer that call. People may have made agreements before their incarnation to be leaders for certain narratives or to help promote specific information and they are *unaware* that they are doing this. There are many lovely and compassionate people, who have gotten stuck in their own ponds. We’ve encountered some of them and even learned a lot from them. We have even gotten stuck a few times before we realized what was happening. Keep moving forward -- always. *When you find that you have stopped moving forward, evaluate whether you have become stuck.*

We are not only capable of setting intentions for our benefit, but we are also capable for creating intentions that do more harm to us than good. In a reality, in which everything is an inversion of a Divine design, we would confidently say that the way this matrix is designed was done in such a way to ensure that *most* of the humans here are creating from their shadow rather than their Light. We live in a world of suffering and we are the ones who are creating it by being at the



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mercy of our artificial soul's response/react method of operation and interference.

If you are brave enough to have embarked on this path to reconnect and uncover your Spirit, then you have told the Universe that you are ready to face this challenge head-on. The Universe has responded to you by showing you that She knows you are ready by pointing you in the way you should go. Don't get lost in a room full of doors marked "exit."

*The way out is not marked; just find a hole in the Grid and get yourself out.*

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