

## Video 136: How to Build and Find our own Truth

Written by Wes Penre, Apr. 7, 2019

*This is a transcript to video:*

<https://youtu.be/1Dowq4oxHtc>

There is a subject we believe we need to bring up in order to assist people who are trying to figure out what is correct information and what is flawed. We get this question a lot; how can we distinguish truth from lies? Therefore, we have decided to share our perspective on this, based on our own experiences.

The first thing to think about is not to constantly jump from paradigm to paradigm. From much of the correspondence we receive, we notice that this is a very common thing people do. They find a source or researcher that seems to have good and interesting information. Then, after having studied the material for a while, they find some flaws in it or pieces of disinformation. Therefore, they discard the source entirely and go to the next, disappointed. This can often be a big mistake. No one has the full picture, and everybody will have something wrong in their information. However, something pulled the truth-seeker to a particular source to begin with, so he or she can assume there must be something in it that has truth in it and is worth studying. Even exposed disinformation agents more than likely are sharing something valuable in their material—otherwise they wouldn't be able to hook people up.

The second mistake is that many people, when finding something that rings true and feels exciting, they swallow everything hook and sinker and start treating it as gospel, without discernment. Like a solid brick, this will create a new belief system that the person gets stuck in and will have a difficult time getting past.

The third mistake many people make is that they refuse getting past their own filters, and these filters often have to do with religion. As soon as there is religion involved in the information, they immediately discard it as false. This is a grave mistake.

After having made one or all these mistakes, people become confused and feel they can't trust anything. They get lost in the wealth of data and information that's out there, and some people give up, thinking they will never find the truth.

Now, after having brought up a few common mistake people tend to make, what is a better approach in order to find what we're looking for? The following is based on our own experiences as researchers and truth-seekers. It has worked for us, so if it feels right, maybe try it out.

When people first start researching to find the truth, it's almost inevitable not to jump from subject to subject, source to source, and researcher to researcher. However, that's something which is fine to do in the beginning, before we have found some foundation to stand on. Then, we need to go into the next phase, or we will get stuck in this kind of data jumping, and it will become a pattern that is difficult to break.

When we start getting a clue to where we're going, we need to start using our intuition and believe in it—we need to start *building* our own truth. Intuition is always senior to everything else because that's when we are connecting with Spirit, which is the highest aspect of ourselves—intuition is remembrance! There is very little that is new under the sun—learning the truth is just relearning what we already knew before we got stuck here. It's all about reconnecting and opening up to Spirit that has been buried beneath layers of manipulation and false beliefs. Most people are acting and reacting from a soul level, where no significant truth can be found. Not until we can connect with Spirit can the higher truths be revealed.

So, how do we know when we are reconnecting with Spirit, and how do we know what is intuition and what is not? The answer is easier than we might think. When we absorb new information, regardless whether it's painful information or uplifting information, how do we feel deep inside when we take it in? Is the information useful or not? Do we feel a “sting” inside—an aha-moment, which seems to bring us to a deeper understanding. Or, is what we're absorbing just mind candy—something we take in because we *want* it to be true just because it's **exciting**?

Intuition is inner knowing—it's a deep feeling inside that we are on the right path, regardless of what other people think. It hits our core being. It's a true connection between mind and Spirit. Trust it! Sometimes, this inner feeling goes against everything other people teach and preach, but that's fine. This could often be an indicator that we're on the right path.

It's important that we build our own foundation—our own truth—so we have a stable ground we can expand on. This doesn't mean we are not getting things wrong sometimes, but that will show later, and then we need to be willing to change our minds or take a step back and reconsider. However, the more we use our intuition as a benchmark, the more connected we will be, and the easier it will become to discern. Never be afraid to be wrong, though, because it's part of the journey.

After a while, we will notice that we are gaining knowledge in reverse order—the intuition comes first, and a bigger picture starts emerging from within ourselves. Instead of first looking for information outside ourselves, the information comes from the inside first, and then we can go out and find confirmation and verification from outside to back up what we already learned through our connection with Spirit. This is when it becomes very interesting because at that point, we have had a huge breakthrough. We are now profoundly connected with our Spiritual selves.

When we reach this stage, it's important not to fall back. It's well explained in the Nag Hammadi, "The Dialogue of the Savior," where it reads, "Stand in the place you can reach." What does this mean? It means very little to someone who hasn't come to the stage we just described. When we have, we realize the meaning of this one sentence. It means that once we reached a higher state of being, or alternatively, when we have reached a certain point of remembrance, we need to *remain* at that point and stay there. We need to remain there in mind and Spirit and build on things from that level and on. BECOME that new state of beingness and embrace it in Spirit. Then, build from there. That's how we move forward on our path. We must learn to trust ourselves.

We started looking into the Nag Hammadi about six months ago for the first time. I hadn't read any of the gospels when I wrote the Wes Penre Papers.

However, because we also were looking into other things at the time, we stopped reading them. Now, when we've continued reading them again, we've notice how much of what we have discovered intuitively over the past year, apart from any additional research, and based on pure intuition that we've shared with each other, is confirmed in the Nag Hammadi texts. Not only that—the texts also build upon what we'd already concluded, and they create an even bigger picture. It has been a quite mind-blowing experience to read the Nag Hammadi. We still haven't completed all the different texts, but we're working on it.

For those who are wondering why we suddenly pay so much attention to the Gnostic texts, we want to reassure you that these teaching do not contradict the Wes Penre Papers (WPP). The papers feel more valid than ever before when reading the Nag Hammadi. Once we're done with the entire video series, which is not only based on the Gnostic writings, by the way, we believe you will notice this and see how puzzle pieces fall into place, making you jump to a higher level of understanding. So, we encourage you to bear with us through the video series, and you will realize that our new revelations are very good news. A true soulution will emerge from the Gnostic literature—no more wars and no more conflicts once we leave the Matrix. We will have an option to bypass all that and go back home, where we truly belong. But more about this later in the video series.

Like we've mentioned earlier in this video, it's important to get rid of all the filters we've put up when it comes to religion and godly matters. We need to remember that the Gnostics had their own filters through which they interpreted their information—both those who received it and those who wrote it down. Moreover, a few of the texts were infiltrated by imposters, such as Thoth/Hermes. Some gospels have Hermetic teachings in them, and one needs to be very cautious when studying them. Interestingly enough, thanks to the research we previously did on Thoth, which we shared in one of our earlier video series, it becomes very easy to distinguish when Thoth, as En.ki's emissary, is trying to copy the original messages, in an attempt to distract the students from absorbing the bigger picture. We can see that it is a completely different entity speaking than in the genuine texts. Thoth requires that his

disciples take oaths and follow ritualistic patterns, and he calls whomever he's speaking to "child." None of that is done in the original **teachings**.

Another thing we need to take into consideration is the times the Gnostics lived in. On the surface, the Nag Hammadi have religious overtones, but we need to remember that they had their own pre-existing mental packages that they carried around. Therefore, they often use terms as God and Lord, instead of using Source as a more appropriate term, in our opinion. But it's not different from reading the Bible, in that sense. The Bible, as well as the Gnostic texts, contain a lot of truth for those who are willing to put their own biases aside and just read what the texts are actually conveying. It can be a challenging task for many to overcome these barriers within themselves, but we have seen how extremely important it is! If we don't, we will never learn the higher truths—we see that as a guarantee.

However, the Nag Hammadi, just like the Bible and any other ancient texts, needs to be read with extreme caution. Separating the wheat from the chaff really applies here! It's not enough to read one or two gospels; all of them need to be studied carefully—or most of them, at least—and then they need to be cross-checked and the use of syncretism in order to figure things out is also a must. It's a mega-job, and therefore, it's taking a while to produce the new video series, "The Big Picture." However, it's well worth it. In fact, it's needed, for us to move forward on our spiritual journey and remember who we really are.

What we have noticed, since we started reading the Nag Hammadi, is that this material is expanding our awareness and consciousness exponentially. It seems like these texts have the potential to profoundly expand the connection with Spirit.

We are currently working on the next episodes of the Big Picture Series, and we hope you will get similar result as the ones we have had, once you've watched the entire series.

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