

Video 130: THE BIG PICTURE SERIES PART 1 || How Perception Creates Reality and the Mandela Effect

Written by Ariel Glad, Mar. 15, 2019

This is a transcript to video:

<https://www.youtube.com/watch?v=xuI9CavL9i8>

Hello, this is Wes Penre. Here is the first in a series of videos, in which we will discuss the Bigger Picture of how this Matrix and the KHAA seem to be constructed. We will build on these concepts as we go along, so please make sure to watch the videos in order. We consider this video series being very important because when we start seeing how this is all set up, we can more easily plan our lives and live accordingly. Also, it will be easier to predict the Overlords' plans and recognize the moves they are making. We will also suggest what En.ki's plans are for us humans in the near future.

The graphics in this video are not created by the graphic designers, except for one (credit will be given at the end of the video). The graphics that we asked the designers to make will be displayed later in this series. We will now get away from having a scrolling text in the videos—we'd rather have you listen and watch the graphics instead. However, free transcripts are available—link in the Description box below...

With that said, let's start from the beginning:

Once you hear something you cannot un-hear it. Once you see something you cannot un-see it. Whatever it is has now become a part of your perception of reality. Because of this, everyone's perception of reality is just a little or a lot different than everyone else's perception.

We have often heard, and we, ourselves, have stated many times in our articles/videos that we create our own reality. This can be difficult to understand, and until recently we didn't even realize the depth of this concept.

Everything you experience; your reality; is based on not only your individual perception but also agreed upon perception at a collective level.

What does this mean? Let us start with individual reality perception. When we were young souls; unmanipulated, and untraumatized; we had a beginning level of consciousness or awareness. Consciousness just means awareness. If you are conscious of something, then you are aware of it. My reality or my experience is formed by things that I can perceive. This is what makes my reality REAL. If I can see it, taste it, touch it, hear it, smell it, and sense it, then it is real to me. I can perceive it. This forms the basis for my reality. Others may have a different foundation for their reality, based on what they can perceive. An example of this would be a telephone.

In my reality, the telephone exists because I have seen one, heard one, touched one, etc. In some remote areas of the world, there live people whose basis of reality does not include a telephone. Their level of awareness and their perception of reality is vastly different than mine. It doesn't mean that telephones do not exist. I know that they do. However, someone who does not have a telephone as part of their awareness will exist within a reality or life experience in which there are no telephones. Perception is the key to reality. Whatever we can perceive will be absorbed into and affect our current awareness of what makes our reality. Everything, and we mean EVERYTHING, creates our reality according to our awareness of it. Perception creates reality.

In earlier videos/articles, we discussed the power of beliefs. Not only is our personal reality created on what we can perceive and experience with our physical senses, but it can also be created on beliefs. Remember that thoughts are the genesis of creation. Nothing exists without first being a thought. The more we believe something, the stronger its ability to shape and form our own personal reality. For example, belief in a Higher Power, or God, will greatly influence how I perceive my world around me. It will be part of the

foundation through which all my actions will be determined. Let's say that God exists in my reality and is part of my life experience. For those who do not believe in God, their life experiences will be different than mine. While we are coexisting on the same planet at the same "time", we are each having very different experiences even though our lives are moving parallel to each other. Two people who have lived their whole lives together can have very different experiences, based on what they can perceive and believe. They each live in different realities; literally.

Each time we have a change in our perception or awareness, we add a layer upon the reality that previously existed. The old perception; or the old reality; does not disappear. We still have access to it and still have memory of it. For example, if you have lived your entire life having never experienced flying in an airplane, your perspective was at one level that did not include the experience of flying. You did not have this life experience or this perspective. Once you take your first flight, however, your perception and reality has now permanently changed. You can still remember what your life was like before that perception changed. You still have access to memory of that reality, but now a new reality has formed on top of the old one that includes the experience and perspective of what it means to travel in the air. Each time we have these changes in perception or experiences, we have created a new reality for ourselves. The new reality becomes an overlay of the old one. The old one is still there, but the new one now exists, and it is from this new reality, or new layer, that we move forward with our life. We can't "see" these layers, but they are there, always influencing our perception of reality. We are adding more and more layers to ourselves each time our perception of reality shifts.

The ways that perception and reality can change are countless and individual. Some layers are thicker than others, and some changes in perception make more dramatic changes in reality than others. For example, your first day of school would be a huge change in perspective, while trying a new food may not be as big of a change. Both will have influence on the reality that is created after the experience, but some have more effect than others. These layers upon layers upon layers of influence on our personal reality were part of the original design of our Experiment. The question was, "Can we survive in

a harsh environment and still come out of it with more love and compassion than when we began?” In other words, can we find our way back down through the layers to our core Spiritual qualities and use the process strengthen those qualities? The first step is to realize that there is a core self underneath all these layers of built up and perceived reality. There is a core TRUE YOU.

There is a harsh consequence for our ability to create our own reality and it is that we are so easily influenced by others. We began to bring awareness to you about narcissism very early in our articles. Narcissism is a toxic and predatory type of influence that has the ability to manipulate our perception of reality at a fundamental level. This is KEY to finding your way back to your core TRUE SELF. Every bad and fearful thought you have was given to you, which you took in as a belief, and therefore added a change in perception, or a new layer of reality over a pre-existing one, from which you are now living your life.

It can be a change in perception about being loveable, smart, capable, strong, safe, or valued. At some point, a manipulative person begins to change our perception of ourselves and we take this in as a belief, which then affects our reality and what we experience. A person who feels loved, safe, valued, smart and capable, will have a totally different experience when faced with an obstacle than a person who feels unloved, unsafe, devalued, stupid, and incompetent. Do you understand? When we encourage people to begin the process of healing themselves, we are encouraging them to destroy those built-up layers of manipulated perception, one by one, in order to find their way back to core TRUE SELF. It's a process and it must be done one layer at a time and we often do not even know a certain layer or distorted perception exists, until we are faced with a crisis, in which we are given the choice to look at this unseen or shadow aspect of ourselves and figure out what is wrong.

The Universe is constantly giving us opportunities to expose these layers of manipulated perception, whether it is a bad relationship, a conflict, an injury, an unfortunate circumstance, etc. When we experience a crisis or a situation

in which we feel bad, whatever it is, we can be sure that it is because our perception, either of ourselves or of the situation, has been manipulated, and we are experiencing it from a false belief or false perception. If you are dishonest with yourself, denying aspects of yourself, or have false beliefs about yourself, the Universe will constantly give you opportunities to turn this around and change your perspective. The Universe is constantly expanding and so are we, unless we become too constricted and contracted by all the layers of perception we have placed upon ourselves. When we find that life is very restrictive, patterns are repeating, we feel suppressed or oppressed, we feel imprisoned or caged-in, depressed, or angry, this may be the reason.

There's a catch to this, though, and many people are not willing to face it. As we begin to tear away at all the built-up layers of manipulated perception, we must integrate the aspect of ourselves that is residing in that layer. If, as a child, you were wounded, and as a result, your perception changed, an aspect of your consciousness, as that child, is stuck there, keeping that layer and that illusion alive with his/her beliefs. If you have built a layer of perception or reality in which you feel unsafe, for example, because someone in your life emotionally abused you and changed your perspective to live your life from a perspective of fear, then you are going to have to confront that aspect of yourself as a fragment and integrate it into your core being. You are going to find yourself in fearful situations in your current reality, which is your opportunity to face that fear, realize it is false fear, recognize where your change in perception from one of safety became one of fear, accept it and love it as part of your being and make the conscious effort to change your perception back to one where you know you are safe and that fear was only an illusion. **THIS IS HARD WORK.** This is a lifetime of work.

We understand the unwillingness to relive past emotional trauma. However, for many of us, this healing process has already begun, whether we want to accept it or not. The Earth is in transition right now. Our polarity is changing. As the frequency of the planet is raising and becoming one of love (feminine) rather than fear (masculine), all that is within us that is not in alignment with the new frequency or level of vibration will begin to make this transition within us. Remember, if it is true for one, it is true for all. As the planet undergoes a shift

in polarity, this creates changes that we are now witnessing – some visible and some not visible. We can also expect to undergo the same type of change as a collective, and also on a personal, individual level. Everything will seek to harmonize with the dominant frequency. So many people have been wanting the frequency of the planet to change, and it is. That means we are going to be put through the process of changing with it.

Of course, we have the choice to resist or we can use the incoming energy to our benefit and allow ourselves to flow with the process. The more we resist, however, the more difficult life will become and the worse we will feel.

We understand the unwillingness to relive past emotional trauma. We have experienced everything we are describing. From personal experience, however, we can firmly and confidently say that the more we manage to do this, the more of our TRUE SELF is revealed, and for us, it has been worth it. The benefit of this is that the closer you get to your core true self, the more quickly and easily you will experience manifestation in your life.

All these layers comprise what we have been referring to as the artificial soul. As we proceed through life, these layers and overlays that we have built up begin to form a personality; a living and interacting false illusion of self that we THINK is the true self, but it is not. This could also be called an illusory soul complex. It is a mimic. It is an illusion that we have convinced ourselves that we are. We are most often operating from this composite of layers which are an illusion; a false self. These things you have been convinced that you are, are not you. Your core TRUE SELF is underneath all these layers of illusion and false self-beliefs, and unless you begin to destroy these built up layers of illusion, your core TRUE SELF, or your SPIRIT, can not interact with this reality on a conscious or aware level. You will, instead, be operating from a reactive state of being that is guided by the false self; the illusory soul complex, or in other words; a false illusion of yourself.

The difference in souled/Spirited beings and non-souled/Spirited beings is that for some, there are so many layers that have been built up, and the Spirit so hidden and suppressed deep within these layers, that we have lost connection with that aspect of ourselves. For others, there was no Spirit at the core to

being with. A soul is needed to animate and give “life” to a physical body, but the soul can be an artificial construct, as we have pointed out. The soul is not the highest state of being.

For beings with no Spirit, or no connection to their core Spirit, the only interaction they can have with their reality is a reactive one, and so, this is the only influence they can generate – reactivity. They live their “lives” with only the ability to provoke others to react. This is the only level at which they can connect with others. We can form connections with others when we are on the same level, so to speak. Since a non-Spirited being has no ability to connect with someone on a Spiritual level, they must bring that person “down” to their level or reactivity. This is where the predatory/prey relationship is established and held in place. When you manage to get yourself out of a place of reactivity, a manipulative person is no longer able to keep or form a connection to you. You essentially rise above their level and out of their reach. This is something important to think about.

This ability to create our reality has also been heavily and viciously manipulated at a collective level. This is VERY important to understand. In the WPP and in our previous articles, we have mentioned that we co-create this reality by mass agreement. We are going to explain exactly how that works, and it is based on the way creation happens on an individual level. So, that concept needs to be understood before moving on. Go back and listen or read the individual perception information again in the beginning of this videos, if necessary.

In the same way that we have explained these built-up layers of perception for individual consciousness, we also experience the same thing as a collective. As we are given beliefs, whether by science, religion, political manipulation, or media, we begin to shape and form our perception as a collective. This was probably done more easily in the past than it is now, but it is still being done. When the collective of humanity is given an idea or information, they form a collective belief from that information or idea, and this forms a collective perspective of a collective reality. An easy example of this would be religion. If a large group of people were given a belief in a messiah, told stories to convince them of this messiah, given “proof” that this messiah existed, and

threatened with the consequence of Hell if they do not believe in this messiah, then the perception and the reality of a collective group of people would shift. In the previous reality, the messiah didn't exist. In the new reality, the messiah does exist. If enough people make the transition to this new perspective, a collective layer or overlay will be added and replace the previous reality with the new reality. After a few generations, the only ones who remember the old reality will have passed on and all that is left are the people who have always known this new reality to be the true reality. The shift in perception has been successful and reality has then changed. Usually, wars or campaigns, are carried out to destroy large populations of people, who would be resistant to the new paradigm. The less people who remain, attached or fixed to the old belief, the better.

Like a Matryoshka or Russian nesting doll, every time humanity is manipulated into a certain belief system, we add another layer of reality to our matrix. The old layer, or the old reality, never went anywhere. A different layer was simply overlaid on top of it, and life continued forward from this new perspective. Some ways that humanity has been influenced to create these overlays in big ways are religion, science, politics, and wars. We have also created smaller overlays with regional and cultural changes in perception. When big events happen that affect a majority of perception, such as a supposed terrorist attack, this is a huge attempt to get the majority of humanity to create another collective layer of reality. The good thing is that this is not so easy for them to do anymore. There are too many individuals who are now aware and conscious enough to see through false narratives. The perception of many people was used to alter our reality in 2001. Many people have also now withdrawn from that artificially created reality. As a result, perceptions of reality have changed. The more we keep doing this, the more changes we will experience in our perception of reality. In other words, the more Mandela Effects will be created and experienced. Let us explain:

Since all time is simultaneous, the previous reality that you were experiencing, before the influencing information was introduced, still exists and is moving forward in its own way. Some people find it easier to use the term timeline to describe this shift in reality. When you experience a shift in perception, you

experience a shift in either a personal or collective timeline. The timeline you were on is still going, whether you are aware of it or not. The reason that a timeline is not quite accurate for this description is because of what comes next; integration. In the same way that collapsing the layers we have built-up individually will force us to confront aspects of ourselves that are stuck within those layers, so too will the collapsing of collective reality layers cause you to integrate those aspects of yourself that are still on that previous timeline or existing in that previous layer. As the layers collapse, all the aspects of you that exist in all the separate layers/timelines/realities will come back to you and attempt to be integrated. Depending on what you had experienced in that reality will determine how difficult or how easy it will be to merge that aspect of yourself into your current conscious awareness. As you begin to “wake up”, you will often find yourself confronting aspects of yourself that you were not conscious or aware of. You will find yourself being confronted with emotional turmoil as you integrate and merge aspects of yourself that had been fragmented due to a splitting of reality or timelines.

The more you begin to withdraw from the agreed upon false illusions of reality that you were helping to maintain by beliefs, and the more these collective layers begin to collapse for you, the more aspects of yourself you will find yourself confronting and integrating, and the more separated and confused you may feel because you are now living in a different reality than your next door neighbor. In your current reality, Nelson Mandela died in prison. In your neighbor’s current reality, he was released and died years later. The layers of illusion that humanity has built upon itself through countless manipulated illusions of belief are collapsing for some.

When collective layers collapse for large groups of people, they may suddenly find themselves all experiencing a new reality at the same time; we now recognize this as a Mandela Effect. We have the evidence of this on a large scale as flat Earth, Tartaria, moon landings, mud floods, and the location of continents, etc. On a smaller scale, we get smaller differences such as changes in logos, movie lines, titles of books, and songs. Depending on how big the deception and illusion was (how many people were supporting it) will depend on how firm and important that version of reality had become and the

changes we would experience when we withdraw from that perception of reality. This goes all the way, from the most important things like changes in the Bible and continents, to very personal changes that only you would experience and know.

In one person's reality, the Earth is flat, and that person will have experiences and interact with information that confirms this truth for him. In his reality, his perception, the Earth IS flat. Because this is the reality his perception has created, all evidence he finds will support his perception. Another person's reality may still be from the perspective that the Earth is a ball. The same is true for them – all the information they access will confirm this for them because in the reality they exist, the perception is a ball. BOTH individuals are correct because reality is formed from PERCEPTION and perception can change. Therefore, reality can change both collectively and individually. So, if you find yourself wanting to argue about flat or round, moon landing or no moon landing, and all the other differences in reality we are witnessing now, remember that arguing is a lowering of frequency, a divisive action, and an infringement of a person's freewill to choose and these qualities will not benefit you if you want to co-create and experience a reality of peace and harmony.

If the concept applies to one it must apply to all, because everything is connected and operating in the same system. When we destroy or withdraw from the layers of illusion we have built up to form our own personal reality, we will ultimately find our TRUE SELF at the core of all this illusion. In this age of photo editing and filters, these layers can easily be envisioned as filters. When we add filters to our photos, the original photo does not change. A filter or a layer is added on top. We are living and interacting through individual filters as well as collective filters. We have built up so many filters that we can no longer perceive the original design. We think the image we see or the experience we have with the filters added is reality. We have all heard and read that reality is an illusion. We hope this concept is now clearer and everyone can see how the illusion is created. As we withdraw from the layers of illusion we have agreed to as a collective to form our collective reality, or if

we begin to remove the filters, what we will find at the core is the TRUE NATURE OF OUR REALITY.

We will eventually find ourselves living in our original first layer of reality with no illusional overlays at all. EVERYTHING will be revealed, and the veil removed. This is the origin of the word Apocalypse – to uncover; to reveal.

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