Video 4: Narcissism and the Human Condition [Transcript]

by Wes Penure and Ariel Glad, May 111, 2018

Narcissism is a human condition which makes the provocation of certain emotions in others necessary to sustain equilibrium of life for the individual who has succumbed to this condition. In layman's terms, this is called narcissistic supply. Just the word "supply" should be enough to tell you that the narcissists are taking something from you when you choose to allow this relationship. According to experts, narcissists cannot heal, and they cannot be cured. Once a narcissist--always a narcissist. Narcissism belongs in a psychological category called Antisocial Personality Disorders.

*

Narcissism isn't only the grandiose, pompous, and conceited control-freak you might automatically conjure to mind when you hear this term.

Narcissism also has a more discreet, quiet, and equally (and arguably more) dangerous version; covert narcissism.

*

Both types seek to manipulate others to gain whatever emotions suit their needs at the time. They could be wanting your sympathy, your love, your jealousy, your anger, and the list goes on. Why? Because they cannot generate energy on their own. They will take whatever emotion they can get from you and they all use the same manipulation tactics to do so. This is our first indication that there is something going on behind the scenes of narcissism that may be more than meets the eye. If all narcissists use the same manipulation tactics, without fail, it reeks of programming. In addition to this, as we become abused and fragmented by these parasitic humans, we all suffer the same emotional injuries, without exception. There may be minor details that differ, but when you get down to the core of abuse and manipulation, it all follows a textbook-like precision. If you treat a narcissistic person this way, you can be sure they will react that way. It is extremely predictable and learning about these manipulation tactics and reactions is crucial to healing the wounds

that have been suffered in relationships like these. It is the first step in putting the fragments of your consciousness back together and becoming whole. Please educate yourself on this topic if you feel this is something from which you will benefit. There are some wonderful educators and experts on this topic. Links to several of these we have found vital to our understanding and progression will be listed in the description section of this video. We will not go into depth on the details of narcissism. We will only include what we feel is necessary as it relates to the AIF and the human soul group manipulation and healing.

*

It has been our experience that spiritual growth, to the level we desire to achieve, is impossible while remaining attached to narcissists. Impossible.

*

Anyone who is aware of trauma-based mind control has surely learned of dissociative identity disorder (formerly known as multiple personality disorder). In the same way that the mind fragments for these individuals during extreme abuse, consider that we undergo the same type of fragmentation of our consciousness at the hands of our emotional abusers. Every "hit" that we receive from the narcissist in our lives does one of two things; it creates a new trauma thus a new fragment or it triggers an already existing wound and fragmented part of ourselves that was created from previous abuse earlier in life. These past fragments are suppressed in the subconscious mind. When a fragment receives a "hit", the emotions it triggers come to the surface, you feel the emotions of the past injury, your consciousness goes back to the time when the injury occurred (thus removing you from the present moment and switching you to a past event in your subconscious), and you <u>react</u> accordingly. You may think that this doesn't apply to you. You may think that your soul is not fragmented. Consider asking yourself this question--Do you hear a voice inside telling you to be afraid, you aren't good enough, you will fail, people won't like you, etc.? This voice is called the inner critic. Now, consider where it comes from and how it became a part of you. Allow us to suggest that this is the virus, this is how it infects us all, and it is spread by narcissistic abuse throughout the human soul group.

*

When did narcissism first appear? We know that it was a human condition that existed in ancient Greece with the tale of Narcissus. It is nothing new and it has been around for a long time. However, we postulate that this condition has been around even longer. We also feel very strongly that it was introduced to create humans that act as conduits for soul energy while also lowering the frequency of the human soul group. Why do we suggest this? Who is dependent on human soul energy to sustain themselves? Who resides and is trapped in this lower frequency? Who benefits from fragmenting our consciousness so that we are stuck in a cycle of survival and reaction rather than conscious action and intention? The AIF.