

Video 121: The Astral, the Akashic Records, and Between Lives Regression Therapy Written by Wes Penre, Feb. 8, 2019

This is a transcript to video:

<https://youtu.be/thxtJYe3DII>

Hello, everybody! This is Wes Penre. Today, we're going to touch the subject of life and death again from a very sober angle.

In previous videos, we have discussed that after the physical body expires, the soul is tricked into entering the Tunnel of Light, only to be recycled into a new physical body quite immediately. We have argued that there is no "afterlife" the way we have been taught. We are not meeting with our soul group, we don't mingle with friends and loved ones, we don't make plans for our next incarnation, and we don't spend years in the Between Lives Area (BLA). There is usually not even a council in the afterlife.

Instead, we are stripped of our artificial soul (the overlay or composite of external, traumatized soul-fires from other souls), then the deceased is embedded with a new artificial soul, which is injected with a package of implants, and then she's shot down into a new random body again, having no say in the matter.

However, if this is true, how does that explain Near Death Experiences (NDEs), where people say they have met loved ones and even entered the BLA? Obviously, this is something these people have experienced. And what about between lives regression therapy? What is actually going on here?

First, we must come to the insight that the world we live in is an interactive simulation—a virtual reality, which is, to a large degree, created by our own thoughts and belief systems that we've developed after having been manipulated by the Overlords into looking at things from their perspective. Our thoughts and beliefs are holding this Matrix together.

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Quantum physicist and meta physicist, Dr. Tom Campbell, has spent most of his life researching this Matrix. He is very certain that we live in a digital simulation—an enclosed system. This system or Matrix also collects the memories of everything that has happened here, into the smallest detail. It's like a huge databank that can then be used by the Overlords to pull up details of a person's memories and history in real-time. Many people call this databank the Akashic Records. However, these records don't store memories and events that are happening in the KHAA—the Universe in whole—but is based on what is happening here in the Matrix. It mainly contains the experiences and memories of the human soul group, but also the memories we have from the time before we were locked into this Matrix.

This leads us to regression therapy. Many people, for different reasons, are interested in past lives. So, they go to a regression therapist to find out whom they have been in previous incarnations. The perhaps most famous and thorough regression therapist is the late Dr. Michael Newton, who recorded the sessions from more than 7,000 subjects. Stunningly, he got very similar kind of results in almost all these people. He documented this very thoroughly and wrote several books about it, and he was very convinced what he'd discovered was true.

And so it seems...until we look at it a little closer, with the simulation and the Akashic Records in mind.

What is interesting is that during virtually all his sessions, the subjects' Spirit Guide, or Guides, were present in the room, which was confirmed by the subjects themselves. These guides oversaw the entire session. The subject then told amazing stories of their time in the BLA; how they met old dead friends and relatives, mingled with their soul group, had a pleasant time, studied metaphysical material in the Akashic library, visited different realms, consulted with their Spirit Guides, had a life review, set goals for the next lifetime, and met with the Council, together with whom the soul made the final decision on which family to choose for the next lifetime, in order to make progress and pay off karmic debts.

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All this was told, in different versions, by all the subjects, and it was consistent. Very similar things are experienced with other therapists, as well, not just with Dr. Newton. So, can we take this as proof of what is happening after death? No.

What is much more likely to happen in the sessions is that the Spirit Guides pull up the person's Akashic Records, so they can see whom the subjects have held dear during their lifetime, and then they use this information in a scripted story, channeling this to either the subject, the therapist, or both. The people involved then believe that these are real memories. In the meantime, the real memories get suppressed. There are a few subjects, I believe in Newton's books, who seem to have entered a 'forbidden zone,' where things get unpleasant; they start remembering a more disturbing recycling process. However, when these memories begin to pop up, they are "blocked," and false memories are put into place. For the Spirit Guides, doing all this is a piece of **cake**.

But why are the Overlords so eager to keep this false picture of the afterlife alive in us humans? Many of the viewers might already have figured out what the answer is—they do it because they need to hide from us the real procedure of the recycling process, or people would completely freak out. Instead, they present a sugar-coated version, where souls live in harmony with their loved ones, until they decide to reincarnate in a body of choice. That sounds much more inviting, doesn't it?

Much of New Age channeling works in a similar fashion. Mediums, who seem to accurately call up deceased relatives, are subjected to the same kind of deception. The so-called deceased relatives have been recycled since long. Instead, Spirit Guides use the memory storage of these relatives. Like Tom Campbell says, the System can even give the guides data on how a certain deceased person would react and reply to certain comments and questions during a séance. It seems very real to those involved. They can also use the thought-forms from the subjects in the séance to produce an image of the deceased. Even the psychic picks up on this and can see the picture the subject produces in their mind.

Other times, the psychic is being told by the spirit world that the subject's son is going to die in an accident in three years, and that might be exactly what

happens! How can the guides predict that? It's easy, but also very cruel. If you are a mother and are told from someone in the spirit world that your son is going to die, and you believe what they say; from thereon, will there be one single moment in your life that you wouldn't think about it in agony? If you do, the potential for it to happen would increase exponentially. You would also unwittingly and telepathically transfer these thoughts to your son, who will store it in his subconscious mind. If the chances that the accident would happen was one out of ten before the séance, the potential for it to happen would gradually increase, until the chance would be ten out of ten. Never underestimate the power of thought and intention! If the mother instead would have ignored what the spirit told her, the chance that the son would actually have an accident would probably remain at one out of ten.

If you think all this sounds too fantastic, think again. Today, an AI can create a complete profile of a person, who spends a lot of time on Facebook, and AI can then replicate that person perfectly. If we can do it here on Earth, don't you think those in the astral can do it even more easily?

Now, some of the viewers might ask what all these realms and dimensions are that people see when they astral travel and have OBEs. Many with these experiences say they encounter heavenly realms, meet with enlightened beings, aliens, and again—with dead relatives. Are these people all lying?

No, the experiences are real, and in a sense, the realms and dimensions they seem to encounter, inhabited with astral beings, are real, as well.

In the Wes Penre Papers, and elsewhere, I have discussed the power of thought and intention. This is how we create in the KHAA—the REAL Universe outside the Matrix. We humans are 100% capable of creating thought-forms. We can create complete realms, based on intentions, imagination, and beliefs. These thought-forms then will have their own life and will be able to interact with the visitor from 3D. Therefore, if enough people create a Heaven or a Hell in their minds, these realms will take form in the astral and manifest there, including inhabitants that we make up. If it wasn't for our own creations of these thought-forms, the astral would be more or less empty.

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Following this train of thought, there must be a BLA, as well, just like Dr. Newton concluded, right? Yes, in a sense, and you can visit it during an Out of Body Experience, but it's still a thought-form, and that's not the place we go after we die—we are recycled immediately.

In the past, when the Emerald Tablets of Thoth and the Gnostic texts were written, there were no holes in the Grid—therefore, no obvious exit route. Souls, who wanted to end the reincarnation cycle after death might have avoided the Tunnel and instead tried another route. This is when they encountered the Guardians that Thoth was writing about. The soul then had to pass tests to exit the Matrix.

Like Ariel and I have said many times, the Overlords don't create our reality—we do! That's why we must also uncreate it ourselves—no one else can do it for us. If star beings come here to save us, they can't, unless we let go of our own beliefs. If a person doesn't believe in a certain thing, it isn't true for him or her, and therefore, there will be no change. The change NEEDS to come from within EACH individual. Otherwise, we can tell the truth to people until our faces turn blue, and it will have no effect. Freedom is a personal responsibility—always. No exceptions. If we don't change to the better and start waking up, nothing will change, except to the worse. That's the blunt truth of the matter.

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