

## Video 115: Q&A Session #15

### Written by Wes Penre and Ariel Glad, Jan. 6, 2019

*This is a transcript to video:*

<https://youtu.be/nhyee5hWPHs>

We want to start this video by doing a “shout-out” for our Tier 3 and Tier 4 Patreons. Without Patreon contributions, Ariel and I can’t continue doing what we’re doing and plan on doing. Please consider becoming a Patron. Visit our page at [patreon.com/wespenre](https://patreon.com/wespenre) to see if there is a Tier that you want to sign up for and see what we have to offer you in return! The Tiers are listed in the right frame of the main page.

In this video, we want to honor Justin Coleberg and Yoko for their valuable contributions. Thank you very much!

Now to the questions:

QUESTION 1: Is it possible to communicate with thoughts (vibration of thoughts) to our loved ones? They should be able to catch/feel the frequency, etc. How would I know of answers if I was asking for resolve or guidance from the upper dimension souls, etc.?

ANSWER: As to whether you can communicate with loved ones who have passed on, probably not, unless it is done immediately after death. From what we have learned, souls are usually reincarnated very quickly. We are aware of personal experiences where there was communication immediately after death, but not days, months, or years after. However, there are those who claim to have been in contact with loved ones who died many years ago, but the question is: are they really the REAL relatives? We would suggest they are not. The Matrix keeps the memories of everything that happens here, and it is possible to pull up those memories like they were real beings/people.

This should answer the second part of your question. Keep in mind that to ask for direct help or answers is a violation and interference into one's spiritual growth. It would be considered too much of an influence. We are more likely to be shown direction so that we always retain our freedom of choice in the matter. Any well-intentioned being would not put themselves in a position to have such control over your life. This would be a big no-no. Well-intentioned beings know this and abide by it. The Universe is more likely to give you opportunities to make choices that will enable you to accomplish what you want.

QUESTION 2: ... what are your thoughts on sex? Is it bad is it good, should it be with one person or shared with anyone? Gay, straight, everything in between, what's the truth of it all? Are there certain ways to perform sex which doesn't inhibit spiritual growth if sex is a negative thing, such as tantric, and learning how to hold and keep orgasms?? Does having sex in this "reality" hinder us from escaping out of the grid? Is sex as we know it even a thing in the KHAA?

ANSWER: This might not be what you want to hear, but no, sex as we know it does not exist in the KHAA. Many star beings are tempted to enter this 3D construct just to experience human sex. That should tell you something. Sex, as we know it, is an En.ki creation for humans to procreate (create more humans) and he, himself, was/is very preoccupied with sex. He is well known for his insatiable appetite and perversions when it comes to sex. Sex, the way we know of it, is purely a matrix design. There is an energy associated with sex, as there is in anything we do, and this energy (like all energy) can strengthen our connection to the KHAA if we are mindful of how we are using this energy. This energy also has connections to our ability to create. Sex is how we create life, so therefore it can also be used to energetically create, as well. But like most everything here, it is heavily manipulated and used against us. When most people engage in sex, whether with a partner or alone, they almost always enter the imagination realm (non-physical/lower astral) that has been stimulated from external sources in the environment. Usually, they are entertaining themselves with fantasy in their mind, and are very rarely 100% engaged in the present

moment with their partner. So, instead of this powerful energy being a healthy exchange between two people, this energy is getting projected and blown off into the astral to be swept up by anyone or anything waiting and watching. This is even more likely so if you are doing it alone. If you are having sex with any intention other than to fully engage, in the present moment, in a loving, energetic, and mutually intimate connection, then its only benefit is physical pleasure and/or feeding astral beings. Only you can make the determination about whether your sexual relationships are beneficial to your spiritual growth or not. Yes, there are exercises that are said to help train and use of this energy, but we can't say whether they work or not. We would use caution when engaging with people who work in this area. Some are energy predators.

Sex practiced in a healthy way can definitely boost your creativity, while practiced in an unhealthy way can lead to energy drainage and even addiction and entity possession. A good measure would be, before you engage, to set a goal toward what you want to direct your sexual energies. The first shamans used this energy to communicate with the KHAA. This works if there is enough **focus**.

QUESTION 3: Is there truly such a thing as destiny for each person in this "reality" that we must accomplish, besides waking up and getting out of the grid, or is it only in the true authentic Motherverse (KHAA/universe), which our destiny is to become Creator Goddesses, but of course only if we wish.

ANSWER: The only destiny we have is to grow. That is the only obligation we are required to fulfill. How you do it is up to you. Your soul was created to fulfill a purpose to help expand the Universe. You can take a rest every now and then, but if you are in a constant state of non-growth, or worse; devolving, your soul will eventually be withdrawn from the game, to use Tom Campbell's description.

We are basically not becoming creator gods—we ARE already creator gods. Just look at what we have accomplished here in this world. Overall, it's not a very positive accomplishment, but it's still creation, and we did it. It's not easy to

create in this dense reality, but we have proven that we can do it. In the KHAA, we can extend our creative abilities exponentially. The two most important things, in order to exit the Matrix, are to educate ourselves to a point where we understand the overall agenda of the “gods” and to, in our minds, get rid of all attachments to this world and be willing to let them go—be they physical or emotional attachments. If we have attachments, we’re less likely to succeed when push comes to shove.

Important to understand in all this is that this is an emergency situation, where we need to leave this Matrix, but that also means that not everybody who is leaving has necessarily graduated in the sense we were meant to before the Alien Invasion. Graduation means that we feel we have accomplished what we need to accomplish—we have worked on ourselves to the degree that we can see ourselves in everybody else without judging them. We understand that everybody is on their own evolutionary path, and we accept that. We feel love and compassion both for ourselves and for other people and beings around us. We understand that we all have choices and have the right to make our own decisions, based on freewill, whatever these decisions might be and whether we agree or not. We care about others as much as we care about ourselves, because we are all part of one another. The closer we are to these goals when we exit, the better off we’ll be when we enter the KHAA. Thus, it’s important that we continue working on ourselves while we’re still here.

QUESTION 4: Where is our “soul” essences being held and forced to watch and “live” this holographic reality? And is it only when it’s our time to die we can choose to escape or not by exiting the grid?

ANSWER: Your soul essence is with you. It is not located in some stationary pod somewhere, while you (this avatar) plays this game. We are not literally an identical copy of the Matrix movie. The Matrix movie is a good analogy, but it isn’t literal. Your soul essence is attached to this avatar/physical body as part of it. You are not disconnected and existing externally in stasis somewhere

beyond this construct. You are IN this matrix – all of you. In the computer simulation that is so commonly used to explain this existence, you are the avatar participating in the game. This reality is the simulated environment of the game, and the person at the computer controlling the rule set and conditions of the game and the players within would be the AIF. Sometimes, they put themselves in the game, and sometimes they don't. Unlike a video game, however, we as the players can choose to break free from the predicted designated actions the controllers have set for us and create our own set of circumstances within the game, while at the same time staying within the boundaries and the rules. For example, we can't grow wings in this rule set. We still have certain conditions that we need to work within. The computer game analogy is not quite an accurate description because of this, but this is how we could compare our circumstances if we look at it this way.

We do need to die in order to escape. If you think about it, you can't exit the Matrix and take your physical body with you, so by default, you need to leave the body behind, i.e. die.

QUESTION 5: The Zodiac seems to have a great impact on us. "Stars" affect our personalities in a big way, which has been proved in my life (me, relatives, children, wife, etc.). Could a Zodiac be a construct created by Enki? If it is, then it adds some value to the hypothesis that Enki might be "roughly" affecting our life paths by giving us a certain temperament, because it also eventually either slows down or speeds up our spiritual growth (expansion of Consciousness). It would be much more complex planning that needs to be done, and this function is probably handed over to AI. Have you had a chance to have more information on **this**?

ANSWER: The way we understand this is that yes, the Zodiac, as we know it, is an AIF construct. In previous videos, we talked about that the soul energy we are transmitting into the artificial soul is stripped off us in the Between Lives Area (BLA). We added that this part of that soul energy is used to "feed the System." This also corresponds with one of remote viewer Brett Stuart's

sessions. The stars/constellations are emitting and receiving information to and from us—it's an interaction. We would suggest that with the technology the Overlords use, and depending on how the stars are located at birth, it will have an effect on the soul. After all, even the "stars" we're seeing in this Matrix are based on soul energy. How they do this in detail is unknown to us, but it makes sense in the scheme of things.

QUESTION 6: If the Zodiac affects one aspect of our soul, e.g. the soul only, but has no control over the higher-self (Consciousness), then it's possible to overcome/minimize the effect of the Zodiac, isn't it?

ANSWER: We would suggest that it does affect our soul (avatar), but not our Oversoul/Overspirit, which is the Queen in the form of Planet Gaia. The constellations seem to be, at least partly, powered by our soul energy, and therefore, it also affects our souls. And yes, it's possible to change the Zodiacal effects on us—more so if we are aware of them and want to change them. We have freewill, and we can change virtually any outcome by making choices.

QUESTION 7: Perhaps do a video on the Wetiko virus or whatever name you prefer to call it.

ANSWER: Is this a question or simply an implied request for more information on this topic? If so, we have someone on our forum with extensive knowledge on this topic that they have generously shared. Here is an excerpt from their posts - "In the book 'Columbus and other Cannibals', indigenous author Jack D. Forbes lucidly explores a psychological disease that has been informing human self-destructive behavior that Native American people have known about for years. Indigenous people have been tracking the same ;psychic'[ii] virus that I call malignant egophrenia for many centuries and calling it 'Wetiko,' a Cree term which refers to a diabolically wicked person or spirit who terrorizes others."

If you are interested in learning more, please consider joining our forum. We will always defer to this member on topics relating to Native American culture, and we won't use their words as our own. A huge Thank You to 1Human/Nightbird! We love you!

QUESTION 8: Why does a narcissist choose you instead of someone else? I mean, they could choose anyone, but why me (or you, or whatever else)?

ANSWER: Two reasons that we have learned... 1) For some reason, you have shown the ability to give the narcissist the type of supply they are seeking. The narcissist either sees you as someone they can mold and shape into their intended supplier, or you already are and so it's easier for them to manipulate you.

2) The frequency at which this narcissist is existing is a match to something within you of the same frequency. Perhaps the narcissist's insecurities, fears, and (real) self-image is also something that exists within you, at a shadow level, and therefore you have found yourselves within the same frequency sphere of attraction. For you, these would be opportunities to have these shadow aspects revealed and heal them. Once you begin to do this, your relationship with the narcissist will gradually or abruptly begin to disintegrate as you become less and less a match to each other. If this isn't a good reason to heal your inner wounds, we don't know what is! Don't want to pull in anymore narcissists? Heal yourself!

QUESTION 9: Is it safe to connect with our higher self and ask for inspiration/direction? Have you been contacted directly, in recent time, from En.Ki or Marduk?

ANSWER: Yes, it's safe to connect with your Higher Self. Your Higher Self is nothing apart from you—it IS you, so you're basically communicating with a higher aspect of yourself. And no, I have not been in touch with En.ki or Marduk recently. I have never been in touch with En.ki—the only Overlord I've

communicated with, to my knowledge, is Utu Shamash, which is just a title, but due to how the communication flowed, it indicates that it was Marduk. This was years ago.

QUESTION 10: What exactly is meant by the "Inner Child" in many self-help, psychology, and spiritual materials? Is the Inner Child the authentic soul, or would it be more accurate to say it is the artificial soul or ego? To me, it sounds more like an imaginary friend that resides inside you.

ANSWER: Everyone experiences emotional wounds from the minute they are born into this world. Every time your soul is wounded, a part of it stays stuck at the level of development it achieved up to that point. Most of us have experienced many, many wounds in childhood, so there are many facets of ourselves that are still very childlike at the core. These aspects of you that are stuck "in time," which keep re-experiencing the emotions of those events every time we get triggered by something that causes us to feel these same emotions later in life, is what we would call the inner child. It is you, basically, in your childhood emotional state. Your inner child is also the aspect of you that still believes in magic, uses your imagination, and gets excited when you hear your favorite song, eat your favorite piece of candy, or gets delighted by cuddling with a **puppy**.

QUESTION 11: I've seen some videos recently that mention the firmament as a dome or waters above. There's a YouTube channel called Conspiracy Music Guru (highly recommend you check him out) because much of his comical song videos reveal A LOT about no pictures of Earth, no moon, NASA CGI's all their photos and the firmament. What exactly is the true firmament?

ANSWER: We would say the firmament is the grid that keeps our planet separated from the true Universe. It is that thing that now has holes in it through which we should go through and find our escape after death. Others would

suggest that the firmament and the Grid are two different things—they are talking about a Dome that surrounds Earth that is separate from the Grid. From our perspective, they are one and the same, but it's up for debate.

QUESTION 12: In this synthetic artificial universe, and more specifically this world, there are many dark things going. A few amongst the many are dark rituals, underground technologies, the use of Ley Lines to lower the frequency of the planet and it goes on and on. One situation that hits me pretty hard is "The Prisoners of Dulce Base" being held in the lower levels. Has there been any talks or efforts by any groups or even star beings to help free these people? Is all we can do to pray for them?

ANSWER: We don't know of any significant effort to help these people. The only help we know about is that whistleblowers have revealed that this is going on, and there are serious researchers who have spread the information so that people become aware—but no focused effort has been taken to our knowledge.

QUESTION 13: How did you come to the conclusion that the fifth dimension is where EVERY thought exists?

ANSWER: This came from anonymous sources. We number them here within this matrix, but this is only to have some kind of distinction. In truth, the numbers are irrelevant. The dimensions are fluid and flow in and out of each other. If you currently perceive dimensions as the floors of a building (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, etc.) then try to perceive it instead as a sea of water that contains water, mud, sand, rocks, and organisms all floating in and around each other within the same space. It depends on density. If you want to learn about rocks, you look at the rocks. If you want to learn about water, you focus on the water. Depending on what you want to know will determine which "dimension" you need to access. No dimension is really higher or lower than any other. No frequency is better or worse than another. All of them are beneficial for the expansion of the Universe.

QUESTION 14: Are you in direct communication, probably by mental telepathy, with beings who reside outside of this grid? If yes, please elaborate.

ANSWER: Neither Ariel, nor Wes, is currently in contact with anybody from outside the Grid.

QUESTION 15: What is the Khaa?

ANSWER: The KHAA is the REAL Universe, compared to the Matrix in which we live, which is, from all the info we have gathered, a digital simulation. Scientists call our Universe of visible light the 4% Universe, while the 96% Universe consists of dark matter and dark energy—dark because we can't perceive them with our limited 5 senses. Scientists don't know what the 96% consists of, but in fact, that is the real Universe, where all star beings reside and operate. That is the place we humans belong and belonged before we were hijacked by the Alien Invader Force (AIF), led by Marduk and the Sirians, although other star races participated, as well—including some Orion renegades.